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LENGUA EXTRANJERA INGLÉS IV

Guía cuaderno de trabajo académico

Programa actualizado

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Coordinación

José Luis Castillo Jordan

Autores

Tanya Julieta Capulín Pozos José Luis Castillo Jordan Erika Rocío Ceballos Salazar Myrna Olivia Chavarría Mendoza Zatinda Granados González Arely Ivonne López Soto Enriqueta Ramírez Romero Javier Marcelo Vásquez Ochoa

UNIVERSIDAD NACIONAL AUTÓNOMA DE MÉXICO

Escuela Nacional Preparatoria

Dirección General: Biól. María Dolores Valle Martínez Secretaría Académica: Dra. Virginia Hernández Ricárdez

Departamento de Producción Editorial: Lic. María Elena Jurado Alonso

Imagen de portada: José Luis Castillo Jordan

Diseño de portada: DCG Edgar Rafael Franco Rodríguez

Diseño editorial y corrección de estilo: José Luis Castillo Jordan

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PRESENTACIÓN

La Escuela Nacional Preparatoria, institución educativa con más de 150 años de

experiencia formando jóvenes en el nivel medio superior, culmina en este ciclo

escolar 2018-2019, la colección de Guías de Estudio correspondientes a los

programas actualizados de nuestro Plan de Estudios vigente.

Después de varios años de trabajo, reflexión y discusión, se lograron dar dos

grandes pasos: la actualización e implementación de los programas de estudios de

bachillerato y la publicación de la nueva colección de Guías de Estudio.

Ciertamente, nuestra Escuela Nacional Preparatoria es una institución que no se

detiene, que avanza con paso firme y constante hacia su excelencia académica, así

como preocupada y ocupada por la formación integral, crítica y con valores de

nuestros estudiantes, lo que siempre ha caracterizado a nuestra Universidad

Nacional.

Aún nos falta más por hacer, por mejorarnos cada día, para que tanto nuestros

jóvenes estudiantes como nuestros profesores seamos capaces de responder a

esta sociedad en constante cambio y a la Universidad Nacional Autónoma de

México, la Universidad de la Nación.

"POR MI RAZA HABLARÁ EL ESPÍRITU"

BIÓL. MARÍA DOLORES VALLE MARTÍNEZ

DIRECTORA GENERAL

ESCUELA NACIONAL PREPARATORIA

INTRODUCCIÓN

El programa de estudio de la asignatura de Lengua Extranjera Inglés IV tiene como propósito fundamental que el alumno utilice nociones temáticas (concepciones o impresiones de un individuo como resultado de algo conocido, imaginado o experimentado) tales como la noción de estado, posesión, tiempo, cantidad, espacio y modo, dentro de situaciones comunicativas para desarrollar habilidades de comunicación en inglés en situaciones contextualizadas, así como la competencia lingüística que propicie el aprendizaje del inglés a partir del significado, uso y forma de la lengua.

En el marco de la implementación de los programas de estudio actualizados mismos que abordan tanto contenidos lingüísticos como temáticos, la *Guía Cuaderno de Trabajo Académico para Inglés IV* tiene la finalidad de acompañar al alumno en el estudio del idioma inglés en el primer año de bachillerato, fomentando el trabajo áulico y extra clase, las asesorías permanentes, así como la preparación de exámenes extraordinarios.

La Guía Cuaderno de Trabajo Académico para Inglés IV refuerza los contenidos integrales contemplados en el Programa Actualizado de Lengua Extranjera Inglés IV, a través de explicaciones concisas con ejemplos y ejercicios contextualizados, mayoritariamente retomados de fuentes confiables y auténticas. También provee un repositorio de sitios en internet y bibliografía básica que permiten la profundización del aprendizaje de cada una de las unidades temáticas del programa de estudios.

Cabe destacar el hecho de que la *Guía Cuaderno de Trabajo Académico para Inglés IV* está dirigida tanto a estudiantes como a profesores y asesores de lengua extranjera inglés IV de la Escuela Nacional Preparatoria y su propósito fundamental es servir como herramienta de apoyo en los procesos de enseñanza y aprendizaje del idioma inglés.

La Guía Cuaderno de Trabajo Académico para Inglés IV consta de:

- Índice por unidad temática
- Introducción a cada unidad temática
- Explicaciones concisas y precisas de las unidades temáticas y sus respectivos componentes lingüísticos.
- Ejemplos y ejercicios contextualizados con los que se propicia no solo el desarrollo de las cuatro macro habilidades lingüísticas: comprensión y producción oral y escrita, sino la apropiación del idioma inglés de manera consciente, eficiente y progresiva.

- Actividades y ejercicios acordes a las temáticas revisadas que favorecen, de manera implícita, el desarrollo de nociones y funciones del idioma inglés, abordados mediante distintas estrategias didácticas y recursos digitales seleccionados de varios sitios en internet.
- Pruebas de autoevaluación al final de cada unidad temática con su respectiva sección de clave de respuestas, para medir el grado de avance alcanzado bajo un esquema de aprendizaje autorregulado.
- Repositorio de fuentes tanto bibliográficas como cibergráficas para la profundización en los contenidos integrales de cada unidad temática.

La Guía Cuaderno de Trabajo Académico para Inglés IV permite al docente identificar el abordaje de los contenidos conceptuales que comprende el Programa Actualizado de Lengua Extranjera Inglés IV, con la finalidad de que pueda revisarlos a profundidad con sus estudiantes, mediante el desarrollo de actividades integradoras que incluyan aspectos procedimentales y actitudinales que juzgue pertinente. Asimismo, la intención en la conformación de las actividades y ejercicios responde a las necesidades y características propias de los estudiantes de inglés IV del bachillerato, donde se busca su orientación hacia el autoaprendizaje.

Es menester señalar que la presente obra podrá ser enriquecida tanto por los docentes en sus clases frente a grupo como por los asesores de mediateca con fines propedéuticos, de nivelación o de preparación para examen extraordinario. En este sentido, consideramos que todas las propuestas colectivas o individuales servirán para fortalecerla, siempre en beneficio del Colegio de Inglés y, sobre todo, de esta Institución.

La Escuela Nacional Preparatoria invita a reforzar los aprendizajes adquiridos en la asignatura de Lengua Extranjera Inglés IV por medio de esta *Guía Cuaderno de Trabajo Académico para Inglés IV*, así como de los distintos programas institucionales, espacios académicos y recursos didácticos y pedagógicos enfocados a la enseñanza del idioma inglés tales como el Programa Institucional de Talleres en Habilidades Lingüísticas Comunicativas *HABLE* y el Programa Institucional de Mejoramiento en Idiomas para el Desempeño Académico del Subsistema del Bachillerato *MIDAS*, que ofrecen cursos-talleres preventivos y remediales para Lengua Extranjera Inglés IV impartidos por asesores de inglés del área de Mediateca y Laboratorios Multimedia de cada plantel.

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UNIT 1

TO BE OR NOT TO BE, THAT IS THE QUESTION [SER O NO SER...] (WILLIAM SHAKESPEARE)



Hamlet. Pixabay. (2018). Hamlet. [foto]. Recuperado de https://pixabay.com/es/aldea-jorick-shakespeare-jugar-3013170/

To be or not to be is probably the best-known line from all drama or literature. It is, of course, from Shakespeare's play *Hamlet*, 1602. The "To Be or Not To Be" speech shows Hamlet as a very confused man. In the monologue, he contemplates whether he should continue with his life, or commit suicide.

Introduction

In this unit, you will work with a series of activities that will help you observe the concepts of **state** and **possession**. You will also answer many exercises that will help you understand, describe and ask about the characteristics of people and countries.

To achieve these goals, you need to become involved with the meaning of **be** (to describe what someone or something is) and **have** (to describe what someone or something possesses) to use your English to describe your characteristics and possessions or the characteristics and possessions of a country.

It is important that you read, reflect on your learning and answer the exercises of the unit if you want to really learn.

Notion: State

When we talk about a state we refer to the language concept that is used to identify the characteristics of a person, different from his/her possessions or his/her activities.

State		Possession		Actions				
		a student			a car		study	chemistry
I	am	short	I	have	long hair	I	run	every day
		Mexican			friends		swim	very fast

You can identify the concept of state when you find it difficult to graphically represent it.

A person is many things. For example:



He is ... Krtin Nithiyanandam.

- ...a high school student.
- ...English.
- ...from U.K.
- ...17 years old.
- ...interested in science.
- ... a researcher.
- ...the discoverer of an_antibody that helps detect early signs of Alzheimer's disease.
- ...the winner of a \$25,000 award at the Google Science Fair.
- ...the creator of a bioplastic that clears wastewater of toxins

Krtin Nithiyanandam. Time. (2018). Krtin Nithiyanandam. [foto]. Recuperado de http://time.com/5003930/most-influential-teens-2017/

ACTIVITY 1



Read the following text and learn who Han Hyun Min is.

Who is Han Hyun Min, 16?

Growing up in a largely homogeneous society, Han, who is half Nigerian, half Korean, was often made to feel ashamed of his appearance. "There are so many prejudices about darker skinned people in South Korea," he tells TIME. "When I was in kindergarten, some of the mothers in the playground would tell my friends,

'Don't play with him. If you play with him, you will become darker too." But Han, who was discovered on Instagram, is now one of the country's most sought-after fashion models; he's a fixture in local magazines and walked in 20 shows during the recent Seoul Fashion Week. Although he has faced discrimination— he was denied several early castings because of his skin color—Han says he hopes his rising profile will help make South Korea's beauty standards more inclusive. "My dream is now a reality," he tells TIME, "and I want those like me to feel they can achieve the same." —Suyin Haynes



Hyun Min Han. Stargist. (2018). Hyun Min Han. [foto]. Recuperado de http://stargist.com/life/people_news/han-hyun-min-as-south-koreas-first-black-model-han-hyun-min-photos-han-hyun-min-profile/

Write sentences using "is" to describe Hyun Min Han.

E.g. He is half Nigerian.

1. [
2.		
3.		
4.		
5.		
6.		
-	· · · · · · · · · · · · · · · · · · ·	

He is Hyun Min. He is 16 (years old.). He is half Nigerian. He is half Korean. He is dark skinned. He is from South Korea. He is South Korean. He is one of the country's most sought-after fashion models-. He is a fixture in local magazines. He is discriminated

1.1. Verbo to be/ Frases y expresiones idiomáticas: This is..., I'd like you to meet..., Let me introduce myself...

We use the different forms of **be** (am, is, are) to introduce people and give details of what this person is or is not.

We use the expressions *This is..., I'd like you to meet..., Let me introduce myself...* to introduce a person to someone else.



Image 4



Image 5



Image 6

This is...

Let me introduce...
I'd like you to meet...

Let me introduce myself ...

Image 4. Pixabay. (2018). Workplace. [foto]. Recuperado de https://pixabay.com/es/hombres-empleados-traje-trabajo-1979261/ Image 5. Pixabay. (2018). Men. [foto]. Recuperado de https://pixabay.com/es/hombre-micr%C3%B3fono-l%C3%ADder-tipo-1392049/

Identifying the forms of BE

Remember: Be (am, is, are) is a verb and an auxiliary. This means you can express the negative just by adding **not** to **am, is** or **are**.

Pronoun	Affirmative	Negative	Contraction
	am	am not	am not
•	ann	ammot	no contraction
You	are	are not	aren't
He	is	is not	isn't
She	is	is not	isn't
It	is	is not	isn't
We	are	are not	aren't
You	are	are not	aren't
They	are	are not	aren't

ACTIVITY 2

Use am, is or are to complete the following introductions and descriptions

1.	Look at this pictur	re! He is my favorite writer.
2.	My cousins	from Germany.
3.	This	my best friend, Tamiko.

- 4. Good news! You _____the new boss.
- 5. I think she very friendly.
- 6. Where are you from? We _____ Colombian.
- 7. Let me introduce myself. I ______Professor Parker.
- 8. Canada _____ a big country.

1.2 WH- questions/ Verbo to be

It is possible to use *Wh questions* to find information about a person, an object or a place. These words ask about specific information.

Word	Refers to	Example	Information
who	people	Who is she? Who is your best friend?	She is <u>Sarah</u> <u>Bruno</u> is my best friend.
what	facts	What is his name? What is your age?	His name is <u>Dante</u> I am <u>17 years old.</u>
when	moment in time	When is your birthday?	My birthday is in January

Remember: Questions in English follow a *Universal Formula*. Notice we ONLY use a question mark at the end of the sentence NOT two as in Spanish.

Wh auxiliary person verb ?

Be is <u>a verb</u> and <u>an auxiliary</u>, you don't need an extra verb!



Wh (optional, only if necessary)	Auxiliary verb	subject	verb	?
Who Where	Am Is Are			8

ACTIVITY 3

Choose the *wh- word* that matches the answer.

E.g. Q: ____Who____ are those boys?

A: They are my brother and my cousin.

1. _____ is the name of the movie? Game of Thrones

2. _____ is your brother's age? She is 18 years old.

3. _____ is at home? My parents.

4. _____ color is your new laptop? It is red.

5. ____ is your graduation party? The party is next week.

A		
	,	

What 2. What 3. Who 4. What 5. When

1.3 Preposiciones de lugar: in, on, at

When you describe or ask about the characteristics of a person, an object or a place, you sometimes need to describe his/her or its location. Describing a location requires of the use of prepositions.

Prepositions are words that express the position of an object, a person or an event. There exist prepositions of time and prepositions of place. In this lesson, we will focus only on three prepositions of place.

Identifying prepositions in, on and at

Use preposition *in* to describe a location where the referred object is smaller than its reference, and it is inside a bigger one.



The flowers are **in** the box

Image 7

Bouquet Pixabay. (2018). Bouquet. [foto]. Recuperado de https://pixabay.com/es/ramo-ramo-de-tulip%C3%A1n-tulipanes-3158358/

Use preposition **on** when you describe a location where the referred object is in contact with a surface.



Image 8

The cat is **on** the sofa.

Image 8. Sofa Pixabay. (2018). Sofa. [foto]. Recuperado de https://pixabay.com/es/sof%C3%A1-gato-british-shorthair-788537/



Image 9

The gecko is **on** the tree.

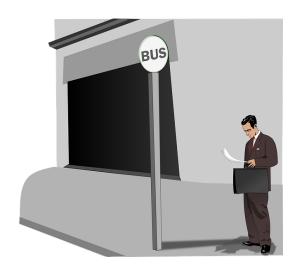


Image 10

She is **on** the ceiling

Image 9. Malagasy taggecko Pixabay. (2018). Malagasy taggecko. [foto]. Recuperado de https://pixabay.com/es/madagascar-taggecko-653653/ Image 10. Creep Pixabay. (2018). Creep. [foto]. Recuperado de https://pixabay.com/es/la-fluencia-en-el-techo-caminar-1712725/

Use preposition at to describe two objects in a parallel position.



He is at the bus stop.

Image 11. Bus stop Pixabay. (2018). Bus stop. [foto]. Recuperado de https://pixabay.com/es/parada-de-autob%C3%BAs-hombre-a-la-espera-2027036/

ACTIVITY 4

Use	preposition	in - or -	at to com	plete the	following	sentences.

- 1. The wine is _____ the bottle.
- 2. Pass me the dictionary, it's _____ the bookshelf.
- 3. Jennifer is _____ work.
- 4. Berlin is _____ Germany.
- **5.** You have something _____ your face.
- **6.** Turn right _____ the traffic lights.
- **7.** John is _____the garden.
- **8.** He has a house _____ the river.

Notion: possession

When we talk about a possession we refer to the language concept that is used to identify the what a person, object or country possesses, but is not part of its essence. Many of the times you can change the things you possess (but you could never change what you are).

She has...



- ...long black hair.
- ...a bicycle
- ...a t-shirt
- ...dark eyes
- ... a watch

Image 12. Woman Pixabay. (2018). Woman. [foto]. Recuperado de https://pixabay.com/es/mujer-personas-ni%C3%B1a-blanco-3185351/

You can identify the concept of possession when you find the possessed object is something that can or cannot exist and does not affect the possessor.

Ask yourself if a person can exist without identity, features or belongings. Then share your thoughts with a partner or go to your local Media Lab Self-Access Center and discuss it with an assessor.

1.4. Verbo have/ Adjetivos posesivos / Pronombres posesivos / Caso genitivo ('s)

To express possession, we can use possessive adjectives or 's. Can you tell the difference?

- a) Possessive adjectives (my, your, his, her, its, our, their) describe an object.
- b) **Possessive case ('s)** signals that what comes next belongs to that person. It is a type of determiner.



Image 13. Baby Pixabay. (2018). Baby. [foto]. Recuperado de https://pixabay.com/es/beb%C3%A9-ni%C3%B1o-la-infancia-equipo-84626/

Remember: only living things can possess something.

			Adjectives	
This	is	а		computer.
lt	is	an	expensive	computer.
It	is	а	beautiful	computer.
lt	is		his	computer.
		Possessive case (')		
It	is	Samuel's		computer.

Identifying possessive adjectives

Possessive adjectives follow a paradigm, they take the gender, number, and case of the noun to which they belong.

		Possessive Adjectives	
I		my	
You		your	
He		his	
She	live with	her	paranta
It		its	parents.
We		our	
You		your	
They		their	

ACTIVITY 5

Chansa	a nossassiva	adjactive t	o complete	the sentence.
いいいいちゃ	る いいろうせうろいくせ	aciective i	o combieie	The Semence.

- 1. The boy likes_____ town.
- Paula talks to _____ mother every day.
 My friends bring _____ children to our place on Saturdays.
- 4. The monkey eats_____ food quickly.
- 5. I often forget____ key.
- 6. You take notes in _____book in class.
- 7. We bring_____ pencils to class.
- 8. Employees always bring_____ husbands and wives to parties.

Identifying possessive case.

When we refer to the possessive case, we refer to the use of 's to show possession. When the noun includes a final **s**, you should only use **(')**. Look at this chart!

Rule 1 Singular nouns, add 's	The leaf's colors. The cat's eyes.
Rule 2 Plural nouns not ending in s, add 's	The children's toys. The men's coats.
Rule 3 Plural nouns ending in s, add only (')	The boys' band. The spiders' webs.

ACTIVITY 6

Choose the correct form of the possessive case ('s / s') in each sentence.

- 1. Petra is _____ aunt. (Emily)
- 2. These are our____ cars. (friends)
- 3. Let's meet at _____ apartment for lunch. (Giovanni)
- 4. Where is the room? (ladies)
- 5. This is our_____ van. (mother)
- 6. My dad is my ____ uncle. (cousin)
- 7. The _____body has stripes. (tiger)
- 8. ____and bag packs are black. (Jack Joe)



Learn about Australia. Listen and watch the "Australia Facts For Kids" and describe Australia and its people.

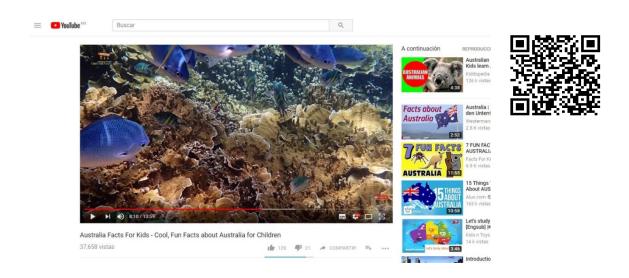


Image 14. Australia Facts For Kids - Cool, Fun Facts about Australia for Children. (2017). [foto]. Recuperado de https://www.youtube.com/watch?v=hJm7kLzEmdE&t=482s

Write about Australia

Australia is	Australia has

1.4 Descriptive texts

A **descriptive text** is a window into another world. It says what a person or a thing is like. Its purpose is to describe and reveal a specific person, place, or thing.

When we want to travel we are exposed to multiple descriptive texts referred to countries. Visit Discover Japan at https://www.jnto.go.jp/eng/ and collect vocabulary referred to the following topics.



Image 15. Discover Japan. Pixabay. (2018). Discover Japan. [foto]. Recuperado de https://www.jnto.go.jp/eng/

Sports	Food	Activities
Places to visit	Traditions	Art design and Architecture
Nature	Gastronomy	Traditional Crafts

Self-evaluation

Choose the correct option that best completes each sentence.

A) B) C)	Introduce Joseph to a friend. Let's introduce Joseph. It is Joseph. I'd like you to meet Joseph. This is Joseph
A) B) C)	Q: do Johnny and Sue live? A: Chicago What Where Who What
A) B) C)	Q: will Lorena celebrate her birthday? A: This weekend What Where When Who
A) B) C)	Q:is your age? A: 17 years old. When What Who Whoe
A) B) C)	She from Nigeria. She studies with me. are aren't is am
A) B) C)	He a high school student. He just started College. is aren't isn't are

	in South America?
•	Is The Amazon River
•	Does the Amazon River The Amazon River is
,	The Amazon River is
A) B) C)	Are tomatoes from Spain? No, they aren't. Yes, it is. Yes, she is. Yes, it are.
A) B) C)	Is Paris a European city? No, he isn't. Yes, it is. Yes, she is. No, she isn't.
10.	I always keep some extra money my bag in case of an emergency.
-	on
-	to at
-	in
A) B) C)	I read about it the newspaper. on in at to
12.	Is that a spider the wall?
-	in
-	on at
•	to
A)	on in
נט	io
	Mary a lot of homework.
•	her
B) C)	
•	has
_,	

15.India A) her B) has C) 's D) Is	_ culture is very interesting.
-	sisters. I love them!
A) her	
B) their	
C) my D) hers	
D) Hels	
17.Sam	a taxi driver.
A) has	
B) have	
C) her	
D) is	
18.They	a new house.
A) are	
B) her	
C) has	
D) have	
19.That's	new house.
A) Bob's	
B) Bobs	
C) Bobs'	
D) Bob	
20.I cannot r	emember
A) The name	
B) The name	e of the film
C) The film of D) The film's	of the name

UNIT 2

IT IS QUALITY RATHER THAN QUANTITY THAT MATTERS [LO QUE IMPORTA ES LA CALIDAD, NO LA CANTIDAD] (SÉNECA)

Quality vs. Quantity



Image 1. The struggle between Quantity and Quality AJ Bubb. (2018). The struggle between Quantity and Quality. [foto]. Recuperado de http://www.ajbubb.com/the-struggle-between-quantity-and-quality/

Introduction

In this unit, you will check three notions: existential, space and quantity. There are concepts and ideas about the adjectives to talk about people, objects, animals, situations or places. This information is elementary to understand how to express your ideas about someone or something. Space refers meanly to an area that is available to be used and quantity refers to the amount or number of something. These notions are relevant in this unit to talk about existence and numbers. You will check concepts about space, how people, objects or animals can be located. The prepositions demonstrate the position or location.

2.1 Adjetivos cualitativos/Adjetivos demostrativos/ Expresiones idiomáticas: What is he like...? What does he look like...?

People do things. They feel things. They hear things. They say things. They think things. They go places. They can walk, run, leap, and jump. They may sit and rock in a rocking chair. Everybody has a personality/character but also appearance



Image 2. Personales. Pixabay. (2018). Personales. [foto]. Recuperado de https://pixabay.com/es/personales-red-3108155/



Read the following abstract description about a mom.



My mum is 41 years old. She is very <u>nice</u> and <u>active</u>. She is very <u>honest</u> with people. She is <u>small</u> and <u>slim</u>. She has <u>brown eyes</u> and <u>long hair</u>. Her favorite clothes are skirts, blouses and dresses. Her favorite colors are green and yellow. Her favorite food is salad and all kinds of vegetables.

Image 3. Mom and son. Pixabay. (2018). Madre e hijo. [foto]. Recuperado de https://pixabay.com/es/sonrisa-amor-madre-e-hijo-2933293/

Qualitative adjectives and idiomatic expressions

When we want to know about someone's personality/character, we usually use the question 'What's is she/he like?' The answer to this question is 'She is optimistic and bright'.

Look at these two questions that look similar, but have very different meanings:

- What is she like? This question asks about personality and can be answered with: 'She is sensible and imaginative.'
- What does she look like? This question asks about appearance and can be answered: 'She is tall, slim and she has big blue eves.

Here is a list of adjectives we can use to answer, 'What's is she/he like?'

- 1. Cunning: she uses her intelligence secretly/mysteriously to get what she wants
- 2. Active: she likes to play sport or do physical things.
- 3. Bright: she is intelligent.
- 4. Rude: offensively impolite or ill-mannered.
- 5. Funny: she makes people laugh.
- 6. Lazy: she doesn't like to work or exercise. She's happy doing nothing.
- 7. Generous: she likes to 'give' to help others.
- 8. Pessimistic: tending to see the worst aspect of things or believe that the worst will happen.
- 9. Honest: she tells the truth.
- 10. Jealous: feeling or showing envy of someone or their achievements and advantages.

ACTIVITY 1



Classify the previous adjectives in the following box.

Positive Adjectives	Negative Adjectives

Watch the following video and then make a description about yourself.

After finishing go to Media Lab Self-Access Center to check your briek paragraph.





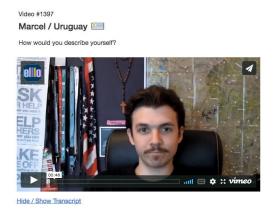
Draw the picture

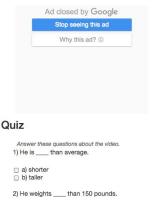
Hello! This is me	 		

ACTIVITY 2



Watch the following video and answer the quiz.







Elllo productions (2016). How would you describe yourself? [foto]. Recuperado http://www.elllo.org/video/1351/1397-Marcel-Personality.htm

Demonstrative adjectives

Read the following conversation and observe the blue words.

Lizzy: So, this is a wonderful art museum.

Do you like it?

Grace: Yes! It's beautiful. I like the

museum's collection.

Lizzy: There are many paintings to see. Grace: Look! That is an amazing painting.

There, in that corner

Lizzy: Yes, it's the "The Night Watch" by Rembrandt.

Grace: Great! And is that the "Mona Lisa"? Lizzy: Yes, it is. This is the "Mona Lisa"?

Grace: Listen Lizzy! Are those Monet's

paintings?

Lizzy: Which paintings? Let's see Grace: Oh sorry! These are Picasso's

paintings

Lizzy: These paintings are wonderful!



Image 6

Image 6. The Louvre Museum. Pixabay. (2018). Museo de Louvre. [foto]. Recuperado de https://pixabay.com/es/museo-dellouvre-museo-pensamiento-1296474/

We use demonstrative adjectives when we want to point out specific people, places, animals or things.

A. To describe a noun that is not very close to the speaker.

This is my favorite painting. (singular)

These are my favorite colors. (plural)

B. To describe a noun that is far away from the speaker.

That is the "Mona Lisa". (singular)

Those paintings are cute. (plural)

ACTIVITY 3

E	Complete the sentences with this, that, these or those.
1	glass here is mine, but one over there is his.
2	books here are hers, but over there are mine.
3. 8	She can't eat all of apples.
4. I	found book in the bedroom. Is it yours?
5	pancakes are delicious, Shawn. May I have another?
	picture here was taken in Spain mountains back there are
	he Andes.
	Cathy, could you please make delicious brownies again? You know, he ones you brought to my birthday party.
	u de la companya de
	1. I his/that 2. These/those 3. These 4. This 5. Those 6. This/these 7. Those

② Do the following online activity to help you practice a little more on this topic.



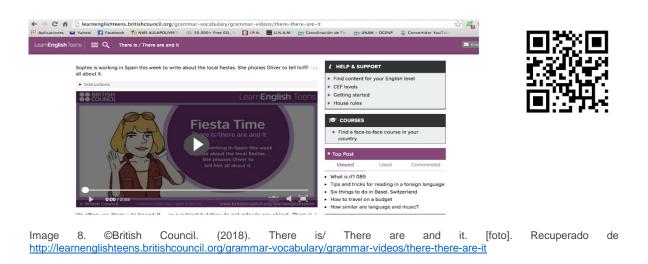


Image 7. Englisch-hiffen.de, (2018). this, that-these, those-Exercise. [foto]. Recuperado de https://www.englisch-hilfen.de/en/exercises/various/this_that.htm

2.2 There is, there are/ Artículos: a, an, the, zero/ Cuantificadores: números, many, a lot, some, any

There is / There are

There is a woman in Spain that writes about the local fiestas. Watch the video and answer the exercises online.



We use **there is** and **there are** when we first refer to the existence or presence of someone or something:

There's a book on your desk. Andres brought it from the bookstore.

Not: It's a book on your desk.

There are three Korean students in my class.

ACTIVITY 4

Read the following abstracts about a gallery and museums around the world.

National Gallery of Canada (Ottawa)

This museum has a great collection of art spanning the Middles Ages to the present day. There are American, Indian, European, Inuit and Canadian works. It offers a unique, near-complete overview of Canadian art -- from early Quebec.

Museum of Modern Art (New York)

Known the world over as MoMA, the glassy Yoshio Taniguchi-designed Midtown building houses one of the most influential collections of modern art in the world. There are masterpieces of Van Gogh, Cézanne, Matisse, Magritte, Picasso, Pollock and Warhol area. There is also performance art, architecture, and design and there is a collection of 22,000 films, with frequent screenings and retrospectives.

Musée du Louvre (Paris)

There is a collection of art and a royal palace, including parts of the medieval castle concealed in the basement. There are treasures: from Classical sculpture, Egyptian relics and Mesopotamian antiquities to the unmissable galleries of Italian Renaissance paintings, Rembrandts and Rubens, medieval art facts and French neoclassical and Romantic painting.

The Victoria & Albert Museum (London)

The V&A is the world's leading museum of art and design, there is a permanent collection of over 2.3 million objects. There are UK's national collections and houses some of the greatest resources for the study of architecture, furniture, fashion, textiles, photography, sculpture, painting, jewelry, glass, ceramics, book arts, Asian art and design, theatre and performance.

ACTIVITY 5

Think of your city/town and answer the questions



Image 9

Image 9. Watercolor, art and painting. Pixabay. (2018). Acuarela, Arte y Pintura. [foto]. Recuperado de https://pixabay.com/es/acuarela-arte-pintura-tinta-2168706/

2.	Which other museums are interesting for visitors?					

3. Which r Whv?	museum v	vould you re	commend	to foreign p	people wher	n visiting M	lexico?
vviiy !							

Watch the following video about Vincent van Gogh's bedroom. Pay attention and describe what you can see on the video.





Image 10. The Art Institute of Chicago. (2018). Van Gogh's Bedrooms at the Art Institute of Chicago. [foto]. Recuperado de https://www.youtube.com/watch?v=NKhMhklSi3g

There is	 There are
There is	 There are
There is	 There are
There is	 There are

Articles: A / AN / THE / ZERO

<u>An</u> art museum or <u>an</u> art gallery is a building or space for the exhibition of art, usually visual art. <u>Museums</u> can be public or private. <u>Paintings</u> are the most commonly displayed art objects, but also sculptures, decorative arts, furniture, textiles, costumes, drawings, pastels, watercolors, collages, prints, artist's books, photographs, and installation art.

a /an

When we talk about people's jobs or the things they do we use 'a/an'. E.g. He's a painter.

She's a scientist.

He was an artist.

When we talk about a/an or the with singular countable nouns.

E.g. This a painting

Do you want to visit a museum?

I'm reading a great book.

the

We use the definite article when we talk about something specific or that we know.

- E.g. Have you seen the movie I was watching yesterday? Both the speaker and listener know which movie they are referring to.
- E.g. I've just placed the new painting. -Both the speaker and listener know which painting they are talking about.

zero

When we talk about general things we usually use plural or uncountable nouns with no article.

E.g. Museums can be public or private
Paintings are the most commonly displayed art objects

ACTIVITY 6

ACTIVITY 6								
Choose the correct answer								
Could I borrow car zero article		c. a/an						
2. She's woman I me a. a	t yesterday. b. zero article	c. the						
3. I need to buy new a. a	phone. b. zero article	c. the						
4 cars are more environmentally friendly than before.								
a. zero article	b. a/an	c. tne						
5. I love listening to m	nusic.							
a. zero article	b. the	c. a/an						
6. You can only find pa. a/an			h.					
₽ TI			d.8 s.8 s.4 s.8 s.2 d.1					

ACTIVITY 7

Complete the following exercise using a/an/the/0 (no article) in the underlined spaces where appropriate.

Frida Kahlo, one of (1) _____most famous painters around (2) ____ world. She was (3) _____ Mexican painter, known for mixing traditional Mexican folk art with surrealism. Surrealism is (4) _____ form of painting that is inspired by dreams. When Frida was young, she was enrolled in (5) ____ prestigious school where she was studying (6) ____ medicine. At (7) ___ young age she married the already (8) ____ famous painter Diego Rivera. She painted many self-portraits, and many works about time in (9) ____ U.S. She valued the traditional Mexican way of life, but was living in (10) ____ heavily industrialized country.



Image 11

Image 11. Thoughtful Frida. A&E Television Networks (2018). Getty Images: Thoughtful Frida. [foto]. Recuperado de https://www.biography.com/people/frida-kahlo-9359496#&gid=ci01a8bfd611df860b&pid=thoughtful-frida



1. the 2. the 3. a 4. A 5. A 6. 0 7. A 8. 0 9. the 10. a

Quantifiers

How many times have you looked at an abstract painting and heard someone say, "I could do that!"? Painting is an art and you need the right material to create your own masterpiece. How many colors do you need? How many canvas are necessary to use? How much gel do you need?



Quantifiers are determiners that denote imprecise quantity and give approximate or specific answers to the questions "How much?" and "How many?" They differ from numbers or numerals that indicate precise quantity.

If you want to create a painting, you need the following material. Pay attention to numbers and quantities.

Image 12. How to create an abstract. WikiVisual. (2018). How to create an abstract painting. [foto]. Recuperado dehttps://www.wikihow.com/Create-an-Abstract-Painting#/Image:Create-an-Abstract-Painting-Step-2-Version-5.jpg

Here is the list of materials you need to create your masterpiece. You may even join one of the creative workshops offered at the Media Lab Self-Access Center.

8-10 pieces of white mat board 9"x12"
 Scissors or paper cutter
 Roll of paper towels
 Some brushes (bristle various sizes)
 Water
 Apron or smock
 Roll of paper towels
 Scotch tape
 2-3 plastic palette knives
 Styrofoam paper plates or
 Disposable acrylic palette pad
 Oil pastels and glue

These are the most common quantifiers used in English:

	Countable	Uncountable	Positive (+)	Negative (-)	Questions (?)	Exceptions *
some	J	J	J		*	Requests Offers
any	J	J		J	J	
many	J		*	J	J	(+) Formal
much		J	*	J	J	(+) Formal
few * a few	J		J			Few (not enough) A few (enough)
little * a little		J	J			Little (not enough) A little (enough)
a lot of lots of	J	J	J	J	J	Informal Spoken English
a number of	J		J			Formal
a great deal of		J	J			Formal
plenty of	J	J	J			Informal Spoken English

Image 13. Quantifiers. Own creation. López, Arely. (2018).

ACTIVITY 8

Complete the sentences with a suitable *quantifier*.

1. Is there ______ water left? – No, there's _____ oil.

3. How ______ rolls of paper towels are there? I think two.

4. There aren't _____ palette pads. Do you want me to buy _____ more?

5. Oh no! There isn't _____ glue.

6. There are ______ brushes but only ____ knives.

7. There is only ____ roll of masking tape, right? – No, there are plenty.

8. We need _____ pieces of white mat board. There aren't ____ left.

9. There aren't ____ plastic palette knives.

10. There is _____ masking tape on the desk.

10. How _____ aprons are there? There is only _____ apron.

•

1. any/some 2. many 3. any/some 4. Any 5. some/a 6. a 7. some 8. any 9. some 10. many/an

ACTIVITY 9

Listening comprehension. Do the following online activity to continue practicing quantifiers!





Image 14. Esl-lounge. (2018). Making apple pie. [foto]. Recuperado de http://www.esl-lounge.com/student/listening/1L4-applepie.php

2.3 Prepositions of place: next to, behind, across from, in front of, on the left, on the right, in the corner, in, on at, above, below, at the top, at the bottom, at the back, in the front. Adjective phrases with preposition: the girl next to the house/ the lake in the middle of the village/ the trees along the river

Prepositions of place and Adjective phrases with preposition

There are many painters around the world, but some of them died many years ago. Cezanne was born in the southern French town of Aix-en-Provence, January 19, 1839, the son of a wealthy banker. He is considered nowadays as one of the greatest pioneers of modern art and painting. With Still Life with Apples, Cézanne demonstrates that still life and that it could be a vehicle for faithfully representing the appearance of light and space. (Adapted from Paul Cezanne's Biography).

Read the following description and observe the painting

Still life apples and a glass - by Paul Cezanne

There is a plate on the table.

The apples are on the plate.

The glass of wine is behind the apples

The knife is next to the plate.

The plate is between the glass of wine and the knife.

The apples are in the middle of the table.



Image 15. Still life apples and a glass. Paul Cezanne. Org. (2010). Still life apples and a glass. [foto]. Recuperado de http://www.paulcezanne.org/still-life-apples-and-a-glass.jsp#prettyPhoto

The previous short description emphasizes the position of the things on the painting. In other words, a preposition of place is a preposition that is used to refer to a place where something or someone is located. On the other hand, the adjective phrases with preposition are also formed with preposition but emphasize the position (e.g. the lake in the middle of the village). They answer the question 'Where?'.

Observe the following examples.

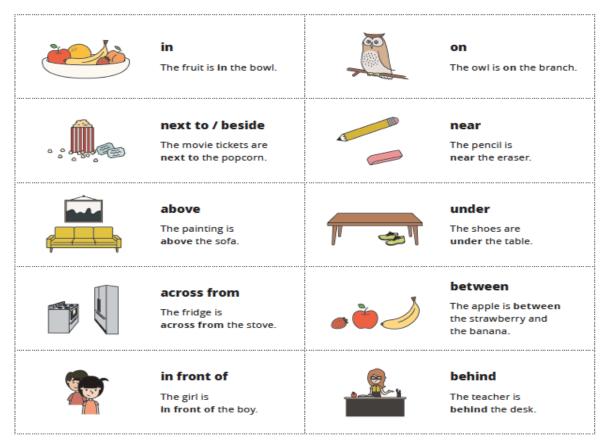


Image 16. ESL Library. (2016). Prepositions of place. Red River Press. Recuperado de Prepositions of place http://www.educando.edu.do/portal/wp-content/uploads/2016/02/Prepositions-of-Place-Teacher-Copy.pdf

Some prepositions have similar meaning.

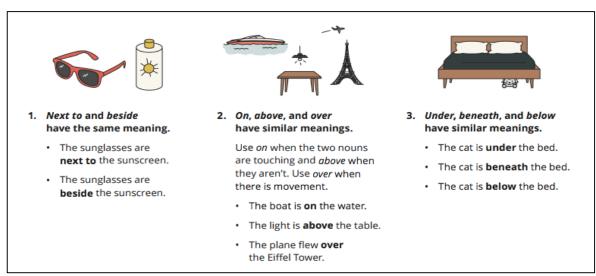


Image 17. ESL Library.com. (2016). Prepositions of place. Red River Press. Recuperado de http://www.educando.edu.do/portal/wp-content/uploads/2016/02/Prepositions-of-Place-Teacher-Copy.pdf



There are three paintings by famous painters. Describe the following pictures and use the correct prepositions. When you finish go to the Media Lab Self-Access Center to check with an assessor if your sentences are correct.

Luncheon of the Boating Party by Pierre-Auguste Renoir



Image 18. Luncheon of the Boating Party. Artble. (2018). Luncheon of the Boating Party by Pierre-Auguste Renoir. [foto]. Recuperado de https://www.artble.com/imgs/e/3/f/97210/luncheon_of_the_boating_party.jpg

Sunday Afternoon On The Island Of La Grande by Georges Seurat

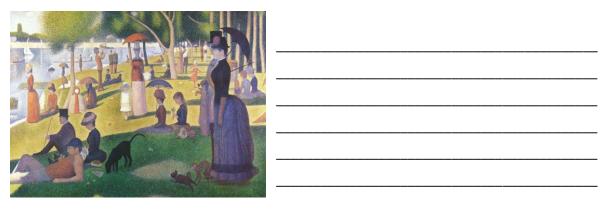


Image 19. Sunday Afternoon On The Island Of La Grande. Artble. (2018). Georges Seurat: Sunday Afternoon On The Island Of La Grande [foto]. Recuperado de

https://www.artble.com/imgs/3/d/1/98600/a_sunday_afternoon_on_the_island_of_la_grande_jatte.jpg

Still Life with Three Puppies by Paul Gauguin

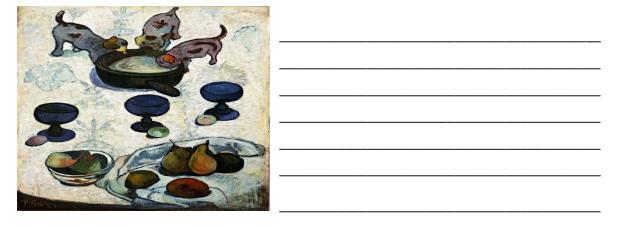


Image 20. Still Life with Three Puppies. Gauguin.org. (2011). Still Life with Three Puppies by Paul Gauguin [foto]. Recuperado de http://www.gauguin.org/still-life-with-three-puppies.jsp#prettyPhoto

ACTIVITY 11

The Bedroom is one of many iconic paintings produced by Vincent van Gogh, as he paints his room in Arles.

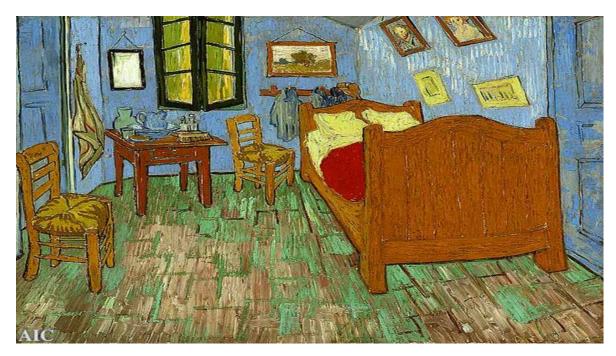


Image 21. Bed in Arles. Artble. (2018). Vincent van Gogh: Bed in Arles. [foto]. Recuperado de https://www.artble.com/imgs/c/b/f/65993/bedroom_in_arles.jpg

Observe the painting *Bed in Arles* and circle the sentences whether they are True (T) or False (F).

1. The table is next to bed.	Т	F
2. The mirror is across from the window.	Т	F
3. The portraits are on the wall.	Т	F
4. The clothes are below the bed.	Т	F
5. The bed is beside the door.	Т	F
6. The painting is above the bed.	Т	F
7. The chairs are in the middle of the room.	Т	F
8. The blanket is next to the table.	Т	F
9. The jar is in front of the glass.	Т	F
10. The flower pot is near the window.	Т	F



1.F2. F3.T4. F5.T6. T7.F8. T9. F10.T

2.4 Expository texts

Expository text exposes you to facts: plain and simple. This type of text tells a story and generally uses a lot of emotion. The purpose of narrative text is to entertain, to gain and hold a readers' interest. Narratives also teach, inform, and sometimes change attitudes or social opinions. For example, T.V. dramas and soap operas raise topical issues. There are many types of narrative. They can be imaginary, factual or a combination of both. They are fairy stories, mysteries, science fiction, romances, horror stories, adventure stories, fables, myths and legends, historical narratives, ballads, slice of life, personal experience.

ACTIVITY 12

Read the following text and answer the questions below according what you think of it.

Nighthawks by Edward Hopper

(Adapted from History List)

Hopper's Nighthawks is another of the most famous American paintings of the Twentieth Century, depicting a snapshot of 1940s American culture. It is a picture that speaks of the alienating presence of the modern city. Several individuals are gathered together in the brightly lit window of a downtown diner or cafe that spills its pale bluish light out into the street, casting a shadow on the pavement, yet barely holding a threatening inrush of darkness at bay. Beyond its reach, anything might be happening in the darkness. Psychologically speaking, these people are isolates,

thrown together as a group, but also locked within themselves, prey to their own fears and fancies.

It is a picture of city life in the small hours when an unnatural silence and an uncanny stillness take hold, tugging suggestively at the senses of hearing and vision. It depicts a quite night scene, which some believe may have referenced Van Gogh's Terrace Café at Night. Like many of Hopper's works Nighthawks conveys the feeling of isolation, particularly in a crowd or a large city. For example, there is

no door to the outer world of the big city, heightening a sense of isolation within the frame. The difference between the warm colored interior and the cooler exterior highlight the sense of loneliness. The quiet conversation that the characters might be engaged in leaves us outside looking in. There is no sign of life in the buildings across the road.



Image 22. Nighthawks by Edward Hopper. History List. (2016). 20 of the World's Most Famous Art Pieces: Nighthawks by Edward Hopper. [foto]. Recuperado de http://historylists.org/art/20-of-the-world%E2%80%99s-most-famous-art-pieces.html

What's the main idea of the text?
2. Where are the people?
3. How many people are there?
4. Are they friends?
5. Do you like the painting? Why?

"Learning a language helps you understand your own culture better."

Self-evaluation
Test yourself. Choose the correct answer A, B, C or D.
 A: What is your best friend like? B: She is serious and A) curly B) bright C) slim D) late
2. I'm feeling really today. A) late B) long C) happy D) round
 3. A: What does your mother look like? B: She is medium height and A) funny B) intelligent C) generous D) thin
4 book is expensive. A) Is B) These C) Those D) This
5. Look! cats are small. A) This B) That C) Those D) are
6. This is a nice fruit painting there any apples in there?A) IsB) AreC) MuchD) Many
7. I'm painting and I don't have oil pastel left! A) some B) a lot of C) any D) a few

8. I'm going to the stationary, black do you need? A) how much B) how many C) Any D) Some
9. There aren't palette pads. Do you want me to buy more? A) any/some B) some/any C) many/ any D) any/ much
10. Cezanne was amazing artist, I really love his paintings. A) a/- B)/ C) an/ D) an/the
11. The picture is hanging the wall.A) onB) atC) throughD) under
12. In England you shouldn't rest your elbows the table.A) onB) toC) inD) under
13. In a thunderstorm you should never stand a tree.A) onB) underC) toD) between
14. Your glasses are you. A) in front of B) on top of C) in behind D) below
15.There's a helicopter hovering our house. A) under B) on C) up D) above

NOTE-TAKING SECTION

I		

UNIT 3

"WHO CONTROLS THE PAST CONTROLS THE FUTURE. WHO CONTROLS THE PRESENT CONTROLS THE PAST." [QUIEN CONTROLA EL PASADO, CONTROLA EL FUTURO. QUIEN CONTROLA EL PRESENTE, CONTROLA EL PASADO.]

(GEORGE ORWELL)

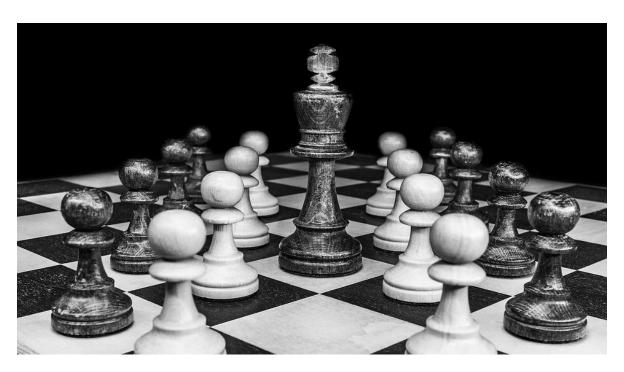


Image 1. Chess Pixabay. (2018). Chess Black White. [foto]. Recuperado de https://pixabay.com/en/chess-black-white-chess-pieces-king-2727443/

Introduction

In this unit, you will answer a series of exercises that will help you understand and express daily routines, preferences, and facts. You will also learn to communicate ideas in the past simple tense so that you can narrate events and organize them in a chronological order (timeline). This unit contains several reading comprehension exercises in which you will read short narrative texts, these will prepare you to understand longer texts in fifth grade.

To achieve the goals proposed, you need to use these structures or you will forget them very easily. That is why we have decided to present to you the topic of human rights and the life of famous people. As you learn about these topics, you will be using English, and the probabilities that you forget important information will be lower. It is important that you follow the recommendations and answer the exercises of the unit if you want to really learn.

ACTIVITY 1

Read the questions and circle the answer you consider correct.

Do you know the following expression: <i>"Those who don't know history are doomed</i> to repeat it" (Edmund Burke)? Yes, I do. / No, I don't.
What does it mean for you?
Do you agree with what the sentence mean? Why?
Why is it important to study History? If you have no idea, watch the next video. https://goo.gl/6UgKok
After watching the video, mention 2 reasons you consider important for studying History. A)

1. your own answer. 2. Suggested: It means that if you don't know the mistakes committed in the past, you will repeat them. 3 and 4. Your own answer 5. Your answer. Suggested: History interpretations. Analyzing history strengthens our critical thinking skills. You can apply information from the past to analyze and solve problems in the present. It gives us understanding of different people and cultures. It challenges to think differently and to be creative.

¹doomed: condemned

As you can see, History helps us understand the present. In this unit, you will learn how to express past (historical) events and some of their consequences in our times. Let's look at the **PRESENT** first.

3.1 Simple present / adverbs of frequency and time expressions: Personal and social routines

⇒ Simple present

The simple present refers to routines, permanent states and facts. A routine is something you do frequently or something that happens repeatedly: *I go to school five days a week* or *I never have breakfast*. A fact is something you know is true because you have evidence: *Money doesn't grow on trees*. (Everybody knows that!).

AFFIRMATIVE					
Ex			Structure		
Routines	Permanent states / Facts	Subj.	Aux.	Verb	Complement
1.You go to school from Monday to Friday. 2.My family and I do exercise in the afternoon.	5.Bees make honey. 6.I love chocolate.	I You They We Plural nouns	-	(base form) love go do make study	to school from Monday to Fridayexercise in the afternoonhoneychocolate.
3.The Maths teacher rarely gives us homework. 4.My grandma visits us every year.	7.Water boils at 100 °C at sea level. 8.My father lives in a small apartment.	He She It Singular nouns	-	(base form + -s or -es) gives visits boils lives	us homework twice a week. Us every year.

NEGATIVE					
Examples				Structure	
Routines	Permanent states / Facts	Subj.	Aux.	Verb	Complement
9.We don't usually do my homework. 10.I don't often drink soda. It's bad for my health.	12.Vegetarians don't eat meat. 13.Animals don't speak.	I You They We Plural nouns	do (not)	(base form) do drink eat speak go love	usuallymy homework. soda. meat.
11.My mom doesn't cook on weekends.	in God. She		does (not)	(base form) love go do make study go around	on weekendsin godthe sun.

(Chart 3.1)

INTERROGATIVE							
Examples			Structure				
Routines	Permanent states / Facts	Question (optional)	Aux.	Subj.	Verb	Complement	
16.Do your friends go to school every day? 17.What time do you regularly have breakfast?	20.Do dogs live a lot?	What When Who How often Where	do	I you they we plural nouns	(bas e form) do drink eat spea k go love	to school every day. a lot.	
18.Does your teacher give you homework frequently?	21.Does it snow in your town? What does your mother do for a living?	What When Who How often Where	does	he she it singul ar nouns	(bas e form) give love go	your homework frequently? in your town?	

<u>19.How</u>			do	
often does			mak	
your pet dog			е	
get a			study	
shower?				

(Chart 3.2)

ACTIVITY 2

Complete each sentence with the present simple tense. Use the words in **bold** to help you. Make the necessary changes.

	1. <u>Do you like</u>	English?
	you like	
2.	. What time you	wake up
3.	. Shehave to	go to school from Monday to Friday.
4.		school by car every day. go
5	. 1	Japanese food.
Ο.	not like	•
6.	. It	in Mexico City.
	(never, sr	
	Smous J	2. do you wake up 3. has to 4. goes to 5. don't like 6. neve

Adverbs of frequency and time expressions

As you can see in the previous chart, routines usually have other words such as sometimes, often, frequently and so on. These words are adverbs of frequency and they help us know how frequent one activity is.

Other phrases like in the afternoon, from Monday to Friday, on weekends, etc. are time expressions, they help us know when something happens.

ACTIVITY 3

Look at the examples in the charts 3.1 and 3.2 and answer the following questions.

- 1. Where are time expressions located in sentences 1, 2, 4 and 11?
- A) at the beginning of the sentence.
- B) in the middle of the sentence
- C) at the end of the sentence
- 2. What about sentences 3, 9 and 17?
- A) at the beginning of the sentence.
- B) in the middle of the sentence
- C) at the end of the sentence



trequency are usually used in the middle of the sentence. 1. C, time expressions regularly come at the end or sometimes at the beginning.2. B, adverbs of

Adverbs of frequency come before the verb just as in examples 3, 9 and 17, but sometimes they can go in the complement as in example 18.

If verb "to be" (am, is, are) is the main verb of the sentence, the adverb of frequency comes after it.

For example: My teacher is always happy.

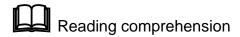
ACTIVITY 4

Complete the sentences with the correct adverb.

1.	l	my English class. (skip, sometimes)
2.	My sister	before 5 o'clock. (never, get up)
3.	I to the	e movies. (never, go)
4.	l ir	n the shower. (always, sing)
5.	I have a little brother who	football. (play, often)
6.	My family and I	at home. (be, usually)
7.	"You	your homework", my teacher shouted at me.
	(finish, never)	·

never finish.

1. sometimes skip 2. never gets up 3. never go 4. always sing 5. often plays 6. are usually 7.



Before you read a text, it is always better to look at the title and pictures (if there are any) and make predictions of what you are about to read. By doing this, you may understand a text better because you activate your previous knowledge.

The Universal Declaration of Human Rights turns 70

We celebrate Human Rights Day every year on 10 December – the day the United Nations General Assembly adopted the Universal Declaration of Human Rights. This historical document proclaims the rights that every human has. Race, color, religion, sex, language, political or other opinion, national or social origin, property, birth or other status do not matter. This document is available in more than 500 languages.

The Declaration explains universal values for all peoples and all nations. It establishes the equal dignity and worth² of every person. The Universal Declaration of Human Rights empowers us all. We need to stand up for our own rights and those of others and take action every day, we need to defend the rights that protect us. We can promote the relationship of all human beings. Do you want to participate?

(Adapted from https://goo.gl/7g9J8N)



Read the text on Human Rights and talk to someone about the answers to the next questions. Talk to a language assessor at the Media Lab Self-Access Center to get help.

- 1. Are there any Human Rights organizations in Mexico?
- 2. Where are they located?
- 3. Can you mention at least three human rights you have?
- 4. Why is the Declaration of Human Rights important for you?

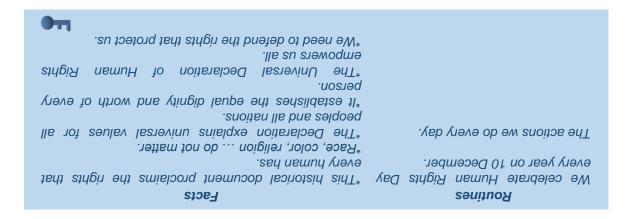
2.

²Worth: virtue, value.

ACTIVITY 6

Read the text again and underline sentences that use the present simple structure. Are they routines or facts?

Routines	Facts



As you can see, you can find a lot simple present structures in a short text. Make sure you understand this structure since a lot of the texts you will read in your academic life, will contain this structure for sure.

3.2 Gustos y preferencias: love, like, hate + gerundio (-ing): Expresar personal and social likes and preferences

In this section, you will revise the topic of preferences. Do you *like reading* about Human Rights?

To express what you like and what you don't like, you must use the present simple structure plus the verb in *-ing*. Read the following explanation. When you talk about something you like or dislike something, you can use the next words.



E.g. I like chocolate.

My mom **loves** chocolate. She **eats** it every day. But my boyfriend **hates** chocolate.

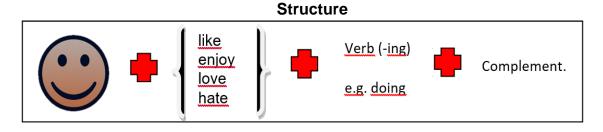
If you talk about **ACTIVITIES** such as: watch TV, do homework, speak English, and clean the house, you can express like this:

E.g. Everybody **loves watching** TV.

I hate doing homework.
I don't like speaking English ve

I don't like speaking English very much

Who likes cleaning the house?



You can find more exercises at https://goo.gl/n7Y2fg

3.3 Zero Conditional: Universal truths

Zero conditional

The zero conditional is used when something always happens if a condition is given. We regularly express universal truths with the zero conditional.

E.g. If <u>water reaches 100 Celsius degrees</u>, it boils. ("If" at the beginning) Water turns into ice <u>if you freeze it.</u> ("if" at the end)

Both conditions always occur given the appropriate circumstances, this is, you freeze water and water reaches 100 C.

Look at the verbs in the following sentences, what tense is it?

If I eat shrimp, I get sick because I'm allergic to seafood. If we **respect** each other's rights, harmony is possible.

You are right! Both sentences are in simple present tense.

ACTIVITY 7

Write sentences using the zero conditional.

- 1. (you feel pain / take the medicine) ____If you feel pain, take the medicine____. 2. (people eat too much sugar / get fat) ______. 3. (student work hard / have good marks) ______. 4. (she have a headache / go to the doctor) ______ 5. (teacher get angry/use mobiles in class) . 6. (I not know a word / look for it the dictionary)
 - class. 6. If I don't know a word, I look for it in the dictionary. sye has a headache, she goes to the doctor. 5. The teacher gets angry if we use our mobiles in 2. If people eat too much sugar, they get fat. 3. If a student works hard, he has good marks. 4. If

3.4 Simple past and time expressions: Description of historical events

When there are elections, all people no matter their race, sex, status or religion can vote. You know that! But some decades ago this was just a dream. In this unit, you will learn about something called segregation³ and how people fought against it. As you go through the unit, think about how past events affected your present.



Simple past

ACTIVITY 8

Remember that before you watch a video, it is always good to look at the title and make predictions of what you are about to watch.

³ segregation: system that consists in keeping one group of people apart from another and treat them differently, especially because of race or sex.

1. Before you watch the video, answer these questions:

- 1.1 Who was Martin Luther King Jr.?
- A) a super hero
- B) a teacher
- C) an activist
- D) a politician
- 1.2 What did he do in favor of Civil Rights?
- A) He just wrote letters to the government.
- B) He organized boycotts, protests and sit-ins.
- C) He vandalized white people's properties.
- D) He proposed new laws in the congress.
- 1.3 He won the Nobel Prize.
- A) Civil
- B) Peace
- C) Literature
- D) American



2. Watch the video and correct your answers.





Image 2. Youtube. (15 de enero de 2017). The Life of Dr. Martin Luther King, Jr. - MLK Day! (Animated). [foto]. Recuperado de https://www.youtube.com/watch?v=PyurjhRNOmw



1.1.C 1.2. B 1.3.B



3. After watching the video, think about this:

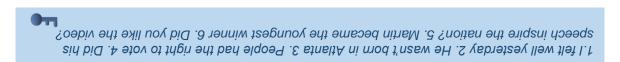
Do you think he was a hero? Why? _____.

4. Listen to the video again and complete these paragraphs about King's life.
Martin Luther King Jr. (1) born on Tuesday, January 15th, 1929 in Atlanta at 12 PM.
Martin Jr. was a middle child. He (2) an older sister named Willie Christine King. Martin Jr. (3) Booker T. Washington High school and (4) so smart he (5) both the 9th and12th grades. He (6) in Morehouse College at age fifteen without formally graduating from high school.
While in Boston Martin (7) and (8) Coretta Scott, who (10) a student at the New England Conservatory of Music. On June 18 of 1953, they got married in Alabama where Coretta's family (11)
On August 28, 1963, over 250,000 people of all ethnicities (12)at the National Mall in Washington, D.C. to demand justice and equality for all people. It was here that Martin (13) his famous "I have a dream" speech delivered from the steps of the Lincoln Memorial, this speech (14) the nation and is now considered one of the greatest in American History.
In 1964, at 35 years old, Martin (15) the youngest person ever to win the Noble Peace Prize.
[1965] That same year , Congress (16) on to pass the Voting Rights Act that (17) the remaining barriers to voting for African-Americans. Prior to this legislation there (18) still areas in which African-Americans were completely disenfragable and magning they (10)
disenfranchised meaning they (19) have the right to vote.
1. was 2. had 3. attended, 4. was, 5. skipped 6. enrolled 7. met 8. dated 9. was 11. lived 12. gathered 13. made 14. inspired 15. became 16. went 17. eliminated 18. were 19. did not have
5. Think about the answers from the previous exercise and do this check-up exercise to monitor your progress.
Martin Luther king Jr. did many good things in the

60

A) presentB) pastC) future

2. When we want to talk about the past, we use the Past Simple tense . Can you write the positive structure for this tense?							
	+++						
3.	Choose the option that forms the negative structure.						
B) C)	 A) Subject + verb (in past) + NOT + complement B) Did + subject + verb (in past) + complement? C) Subject + did + not + verb (simple form) + complement D) Did + subject + verb (simple form) + complement? 						
4.	Choose the option that forms the INTERROGATIVE structure.						
B) C)	 A) Subject + verb (in past) + NOT + complement B) Did + subject + verb (in past) + complement? C) Subject + did + not + verb (simple form) + complement D) Did + subject + verb (simple form) + complement? 						
	1.8 2. Subject + Verb (in past) + complement 3.C 4. D						
Š	6. Rewrite each sentence according to the instructions in parentheses.						
1.	didn't feel well yesterday (affirmative)						
2. 3.	He was born in Atlanta (negative) People didn't have the right to vote (affirmative)						



6. You like the video (question)

@ ACTIVITY 9

When you use the PAST SIMPLE TENSE, you need two kinds of verbs: Regular and irregular. Check the following links for more information about these verbs. You can also answer the exercises from these sites.

Regular verbs https://shar.es/1NYKQ2 Irregular verbs https://shar.es/1NYKcp

Time expressions

As you can see, there are some time expressions which are useful when narrating something about the past. These expressions help us say when something happens.

E.g. At age fifteen = Martin Luther King was 15.

For specific dates and days, you use ON

On June 18 On august 28, 1963 On Monday

For months and years, you use IN

In 1964 In August

You can also use

Yesterday Last week / year / month / night That same year Ago

E.g. Martin was born in 1929 = Martin was born 89 years ago.

ACTIVITY 10

Complete each sentence with a time expression from the box.

		ln	on	last	in	yesterday	ago	ago
 3. 4. 6. 	Is Id Th W	tarted el lidn't sle le teach e celebr orty year	ementary ep er gave u ated Mart s	s lots of h in Luther	That's nome king did n	2008. s why today I ne work Jr's day ot use cellphone	_ class. _ January 1	

911

1.ago 2.in 3. yesterday 4. last 5. on 6. ago 7. In



Write a short autobiography using the past simple tense. If you don't know what to write, think about the answers to the questions below.

- 1. Where and when were you born?
- 2. Do you have siblings⁴?
- 3. What primary school did you attend?
- 4. Were you a good student?



Now write your answers. To have your task corrected and your pronunciation checked, you can go to your local Media Lab Self-Access Center and ask an assessor to help you.



3.5 Chronological order. (Timeline)

When you read a text or narrate an event, it is easier to appreciate it if you have a representative chart or picture. For narrative events, timelines are useful.



ACTIVITY 13

For this activity, you need to watch a video about the story of Malala Yousafzai.





Image 3. Youtube. (12 de julio de 2013). The story of Malala Yousafzai. [foto]. Recuperado de https://www.youtube.com/watch?v=NIqOhxQ0-H8

⁴ Siblings: brothers and sisters

How do I organize a timeline?

Check these sites to help you: https://goo.gl/uM7Dxd



Make a timeline about the video. Draw a timeline in which you highlight at least 7 important dates. A language assessor at the Media Lab Self-Access Center can help you check your timeline.



3.6 Evaluate historical events to understand the present social-cultural context



Talk to a teacher or a language assessor at the Media Lab Self-Access Center and answer some these two questions regarding the information reviewed on Martin Luther King and Malala Yousafzai in this unit:

- 1. How did Martin Luther King Jr's affect history of civil rights in the US?
- 2. How did the American Civil Rights Movement affected Mexico?
- 3. Do you think we live in a country where sex, race and religion don't affect our civil rights?
- 4. What can we do to change the status of civil rights in Mexico?
- 5. Do you agree with the author of this quote "One child, one teacher, one book and one pen can change the world" Malala?
- 7. What do Malala and Martin Luther King have in common?

Self-evaluation

Self-evaluation	
Choose the correct answ	rer.
1. What time yoA) do, goesB) do, goC) does, goD) does goes	u to bed?
2. Excuse me. A) Do you know B) Are you knowing C) Do you can tell me D) Does she knows	where I can find the principal's office?
3. My best friendA) speakB) speaksC) speakingD) spoke	English very well! I wish I could do it too.
4. If it rains,A) does she carriesB) does he carriesC) do you carryD) do she carry	an umbrella?
5. How A) you come B) do usually you come C) you do come D) do you usually come	to school?
6. I A) always have B) have always C) do always D) always do	_ fun on Saturdays.

- 7. Which of these sentences is incorrect?
- A) I don't like driving.
 B) I enjoy to read about social problems.
 C) Do you like doing homework?
 D) I hate human right violation.

8. Choose the sentenA) if people respect othB) if I arrive on timeC) if I don't wake up onD) I don't get angry		next idea. I get angry
A) There's peace if we B) We don't have to do C) If you wake up late,	sentences is incorrect? treat each other fairly. a final test if work hard during you don't have breakfast. bu would go wherever you war	
In the next exercise, ch	noose the option that correctly	completes the text.
politician. I was the pre		5, 1830. I was a general and 1880 and from 1884 to 1911. I rvention in Mexico.
mom was religious, I c	When I was 15, I began traini lidn't like (15) it. y abandoned my ecclesiastica	in 1833. I don't (14) ng for the priesthood since my Then, I met Benito Juarez and I career to enter the Instituto de
fight Santa Anna's gov		n I joined liberal's guerrillas to reer, I realized I was interested
necessary. I was brave environment. Unfortun	e enough to impose discipline ately, I ended up as an expatr	ng time, but it (17)e in the country and a peaceful iate in France. My life ended in . Do you (19) who I
(20)		
10.A) beB) amC) wasD) were	14.A) rememberB) remembersC) didn't rememberD) remembered	18. A) on B) in C) at D) of
11. A) on B) in C) at D) of	15.A) studyingB) studingC) to studyingD) study	19. A) Know B) knew C) did know D) did knew

12.	16.
A) fight	A) becomes
B) foght	B) become
C) didn't foght	C) became
D) fought	D) becames

13.	17.
A) dyed	A) did
B) died	B) did was
C) didn't die	C) were
D) die	D) was

"Bilinguals find it easier to focus on tasks and control their attention than monolinguals." – Mia Nacamulli.

20.

Flores

D) José de la Cruz Porfirio Diaz Mori

A) Sebastian Lerdo de Tejada y Corral
B) Francisco Ignacio Madero González
C) Manuel González

NOTE-TAKING SECTION

İ		

UNIT 4

NOBODY CAN HURT ME WITHOUT MY PERMISSION [NADIE PUEDE HERIRME SIN MI PERMISO]

(MAHATMA GANDHI)



Image 1. Let's get colorful (2014). In Colour genie blog. Retrieved from: https://goo.gl/images/frKrZ9

Introduction

In communication, people express an attitude in relation to a situation (illness, trouble, social concession, discussion, etc.) by suggesting, offering possibilities or referring abilities. Therefore, the main goal in this unit is to learn to exchange information towards adolescence using modal verbs to refer abilities, permission; suggest and offer possibilities for a healthy teenage lifestyle.

- 4.1 Abilities (Can)
- 4.2 Permission (Can/May)
- 4.3 Possibility (Can/Could/May)



ACTIVITY 1

Read this excerpt from the article "From the desk of Dr. Kutcher".

Adolescence is an exciting time of life. There is so much to do, so much to explore, so much to learn. All of this can be at times exhilarating, challenging, scary, painful or whatever. There will be successes and there will be failures. We can look at this time of life as an opportunity for emotional, social and thinking growth and see many positives. Part of growing through the teen years is learning how to successfully overcome life's challenges. Woven into these joys and sorrows of adolescence is the reality that some of the most concerning illnesses arise during that time. They include such things as: Depression; Panic Disorder; Schizophrenia; etc. Drug misuse and even drug abuse are other challenges that arise. Unrecognized and untreated they can have negative impacts during teenager-hood and for adulthood to come. The good news is, we have lots of effective and positive ways to help teens and families who are facing the challenges of mental disorders. This does not mean that the usual ups and downs of teen life will go away.



[Adapted from: https://goo.gl/a8CWR4]

Image 2. Teenagers walking. Teenagers walking (2014). In Transitions. Social anxiety disorder. Teen Mental Health Magazine. Retrieved from: https://goo.gl/a8CWR4

Discussion. Do you agree or disagree with Dr. Kutcher about teenagers? What is a teenager like? How does it feel being a teen?

Use of modal verbs: Abilities, permission, possibilities and suggestions



Image 3. Equipo Retroalimentación Confirmando Globos. Equipo Retroalimentación Confirmando Globos (sf.). In Pixabay. Retrieved from: https://goo.gl/images/W4Fn92

These are different voices. All express an attitude towards teenagers' actions.

Compare these situations:

They can learn fast (ability)

We can go anywhere (permission)

We can have fun all the time (possibility)

We could change the world (possibility)

They should be more responsible (suggestion)

Form:

Affirmative: subject + modal verb + verb in base form + complement

Teens whatever they want. be can

Negative: cannot / can't may not couldn't shouldn't



Teens can't drink alcohol Parents shouldn't allow teens to stay up late

We use **modal verbs** when we express an attitude towards an action. In this case, teens and adults express their attitude towards teenagers' lifestyle in terms of abilities, possibilities, permissions and suggestions.

Mark what it is True (T)/ partially true (PT)/ False (F) for you about tanagers from the desk of Dr. Kutcher.

		Iru	ıe/	Partia	lly	true/	F	aise
1.	Adolescence can be the best time of life.	()	()	()
2.	Teens could look this time of life as an	•	•	•	·	,		•
	opportunity to learn and grow.	()	()	()
3.	Concerning illnesses may arise such as:							
	depression, panic Disorder.	()	()	()
4.	Families should help teens to face mental							
	illnesses.	()	()	()
5.	Teens can make mistakes; it is part of growing.	()	()	()

ACTIVITY 2

Think about the use of modal verbs(Ability/Permission/Suggestion/Possibility) for each of the following sentences. Write it down next to each statement.

E.g. Teens can drink alcohol until they are 18. Permission

- 1. Adolescence can be challenging, scary, painful.
- 2. Teens could have more opportunities to study and work.
- 3. Teens should think before making a decision.
- 4. Teenagers can learn faster than adults because they are more receptive.
- 5. School may be hard and demanding because of the overloaded work.
- 6. Teenagers can eat whatever they want because of their incredible metabolism.
- 7. Teens may feel disoriented because of their changing state of mood.
- 8. Parents may allow teenagers to take risks and make mistakes.
- 9. Teens should exercise more and use their cellphones less.
- 10. Teenagers could be more responsible if they had more guidance at home.



1. Possibility 2. Possibility 3. Suggestion 4. Ability 5. Possibility 6. Ability 7. Possibility 8. Permission 9. Suggestion 10. Possibility

Answer these questions using <u>can or can't.</u> You can have your answers checked by an assessor from the Media Lab Self-Access Center.

1.	What languages can you speak?
2.	Can you play any musical instrument?
3.	Can you drive?
4.	Where can you wear a costume?
5.	Where can you buy nice trendy clothes?
6.	When can you go out with your friends?
7.	Can you get a part-time job after school?
8.	Can you study with background music?
9.	What can you do in your free time?
10.	Can you count on a friend in case you are in trouble?

4.4 Suggestion (Should). Idiomatic expressions: Let's.../Why don't we...?

ACTIVITY 3

Read the following chart on advice to some teenagers who suffer from social anxiety disorder.



Teen Mental Health (2014). Social Anxiety Disorder. Recuperado el 25 de enero de 2014 de https://issuu.com/weusthem/docs/magazine_social_anxiety/14

Match the ailments referred by these teens with the corresponding picture considering the clues in parentheses. Then write a piece of advice using should or shouldn't.



E.g. "I start shaking". <u>Dear anonymous</u>, <u>you should relax</u> (agitating, moving)

Image 4. Scared Clipart. Person Scared and Shaking Clipart (sf.). In Free Clip Art. Retrieved from: https://goo.gl/images/zEx3R4



a. Dear anonymous, you ______(escape from, abstain)

Image 5. Avoid Clipart. Avoid Clipart (sf.). In Royalty Free Vector Illustration por J. Retrieved from: https://goo.gl/images/mUhhyc



b. Dear anonymous, _______(confused, white)

Image 6. Man doubting design (sf.). In Thinking vectors and photos - free graphic resources for designers. Retrieved from: https://goo.gl/images/E5PU91



c. Dear anonymous, ______(red-faced, blush)

Image 7. Woman blushing (2013). In Why do we blush? [Photo] Retrieved from: https://goo.gl/images/CJv8xR



d. Dear anonymous, ______(vertiginous, unstable)

Image 8. Person fainting cliparts (sf.). In free download clip art. Retrieved from: https://goo.gl/images/ryDBiA



e. Dear anonymous, ______(abandon, get away)

Image 9. A Scared Man Running Away (sf.). En Cartoon Stock Clip Art. Vector Toons. Retrieved from: https://goo.gl/images/p72hKT



f. Dear anonymous, ______(ashamed, disconcerted)

Image 10. Pop-art Confused African-american woman face, OOPS bubble comics style (sf.). In Vector Art. Retrieved from: https://goo.gl/images/fnKxEm



g. Dear anonymous, ______(looking intensively)

Image 11. Boy with Wide Open Eyes Staring at the Camera (2013). In Dreamstime. Royalty Free Stock Photo. [Photo]. Retrieved from: https://goo.gl/images/Mz6KLF



h. Dear anonymous, ______(run, speed)

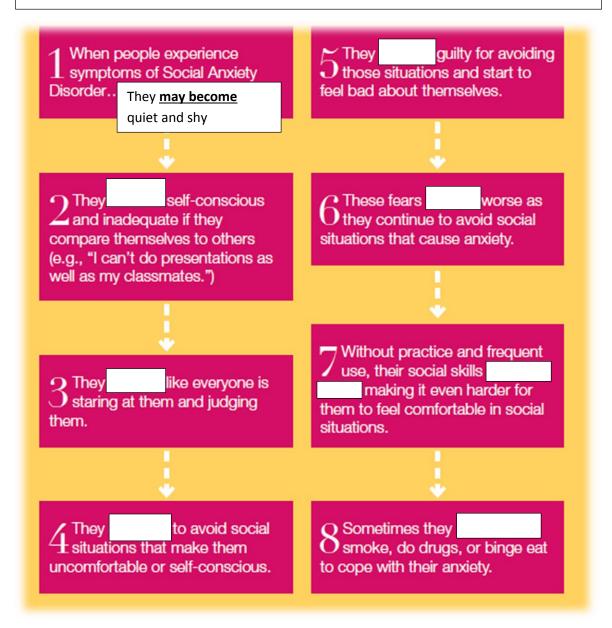
Image 12. Heartbeat (sf.) In Transparent Heartbeat PNG gratis. Retrieved from: https://pngtree.com/free-png-vectors/figheartbeat



Z.a, 3.1, 4. B, 5.g, 6.c, 7.h, 8.e, 9.d

Complete these eight <u>possible situations</u> that could affect a teen's life with social anxiety disorder using the words from the box.

may become / can feel (2) /can get / could perceive / could suffer / may drink/ can start



Teen Mental Health (2014). Social Anxiety Disorder. Recuperado el 25 de enero de 2014 de https://issuu.com/weusthem/docs/magazine_social_anxiety/14

2. can feel 3. could perceive 4. can start 5. can feel 6. can get 7. **c**ould suffer 8. may drink

Imagine you suffer from social anxiety disorder, what can /may / could you do about it? Write three possibilities.

Share your answers with a partner.				

Model activity: I could investigate about social anxiety disorder / I can ask a psychologist for more information/ I may go to a psychologist / I could talk to a friend or my parents /

@ ACTIVITY 4

For further practice with modal verbs, click on the links below.

For a complete practice on the four communicative abilities: reading, listening, writing, speaking on this topic check this website:



- Content A1 "Can and adverbs to describe abilities".
- Content A2 "Can. Ask for and give permission".
- Content A2 "Should for advice"

[Retrieved from: https://goo.gl/SLCAsv]



Watch "A day in the digital life of a teenager". Nowadays, adolescents spend hours on social media (Facebook, twitter, Instagram...).



- -Do the tasks from the website. Check your level of understanding.
- -While watching, try to answer this question: What do you think about Alexandra's and Sasha's digital lives?

[Retrieved from: https://goo.gl/4szF5f]



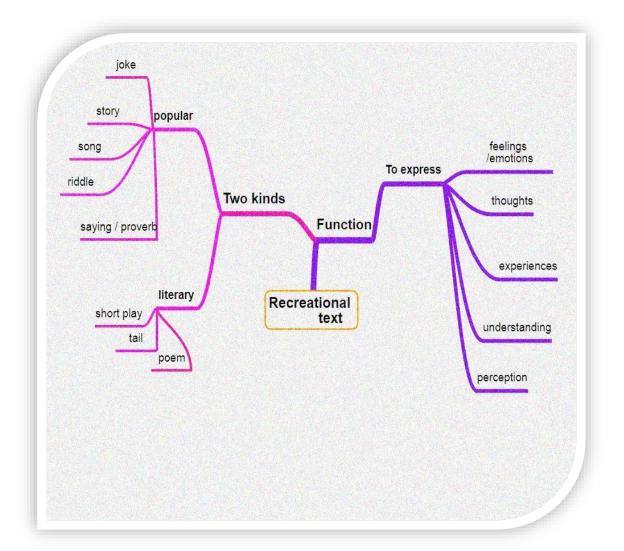
How many hours of screen-time do you spend each day? What possible activities can you do during your online free time?

0-71

I can have four hours of screen-time each day. I can play video games, check messages in WhatsApp. I could watch videos or films in YouTube. I may watch tutorials to do homework

4.5 Recreational text

Analyze this mind map to understand what a recreational text is.



Can we use a recreational text for academic purposes? Can you make a mind map including the contents of each unit from this study workbook guide? Try it out and share it with a language assessor from the Media Lab Self-Access Center. This should help you organized your concepts in a better way as well as identify what aspects you still need to consolidate.

ACTIVITY 5

Read the next cover of a song that some teenagers wrote, and identify what emotions they are expressing.

Yesterday - The Beatles (Cover) - TEENAGERS

I don't know why teenagers have problems you should be more confident and keep calm, everyday you have friends and you can speak with all of them you should not feel alone oh teenager! Trust yourself you have to be strong because you can, and you should you have to carry on because you can, and you should oh dear teenager, be so strong If you only knew how worthy you are, believe me you will never feel apart Oh teenager! You have to be strong because you can, and you should you have to be strong because you can, and you'll be you'll be able to laugh at yourself and overcome despair you'll be happier once again I believe in you but now love. love yourself.

The song refers suggestions to face this difficult and challenging stage of life.

1. Identify the feelings or emotions that the teenagers try to express by completing this chart.

Emotion	Feeling
E.g. happiness	happy
confidence	
Ioneliness	
	trusty
strength	
goodness (worth)	
I	caring (feeling affection)
	hopeless (in despair)
Separation	

2. In case of a difficult situation, what should teenagers do?		
3. According to the song, what can teenagers do when they have problems? E.g. Teenagers can overcome despair.		

1. Confident, alone, trust, strong, worthy, love, despair, apart, 2. You should be more confident and keep calm / You should be strong / you should carry on/ You should love yourself, 3. You can speak with all your friends/ you can laugh again

@ACTIVITY 6

Watch these two videos and write about the advantages and disadvantages of being a teenager.

To get the videos go to the go to the Media Lab Self-Access Center



Use modal verbs (can, could, may) to help you make your statements.

ADVANTAGES "Top things why being a teenager can be awesome" [Retrieved from: https://goo.gl/ipsp2M]	DISADVANTAGES "Top things teenagers could struggle with" [Retrieved from: https://goo.gl/jx2YXz]



Share your statements with a partner.

07

sweigor

Model activity. Advantages: Teens can have a lot of free time/ They may go everywhere/ They can make mistakes without consequences/ Teens could have their own car. Disadvantages: Teens cannot vote / They may feel depressed / They could suffer from bullying/ They may have school

4.6 Logical Connectors



Connecting ideas with and, or, but

AND

Connecting two sentences:

Daily physical activity improves your health and mood, and helps you get rid of stress.



Image 13. Physical Activity Art Print - Fitness Class and Instructor Doing Stretching Pilate Exercises (sf). In Free Physical Activity Art Prints and Wall Art. [Photo] Retrieved from: https://www.freeart.com/art/prints/physical-activity/all/

Connecting two items:

Adolescence can be challenging, scary and painful.



Image 14. Woman walking a dog Free Photo (2012). En Free graphic resources for designers. [Foto]. Recuperado de https://goo.gl/images/Wisguh Copyright (2010-2018) por Graphic Resources S.L.

OR

Connecting two or more possibilities within a sentence:

Start with basic daily activities like showering, walking the dog, or making lunch.



Image 15. Friend Clip Art. Friend Clip Art #13607 (sf.) In WikiClipArt. Retrieved from: https://goo.gl/images/Y84BiZ

BUT

Connecting contrasting ideas:

It can be difficult when you have Social Anxiety Disorder, but try to make friends with one or two people.



And, but, and or are called "conjunctions".And, but and or can connect items within a sentence.

A comma is normally used when **but** or **or** combines two complete (independent) sentences into one sentence.

E.g. I cannot make up my mind at this moment, **but** I trust your decision. Teens may prefer to spend their free time surfing on the web, **or** they simply want to avoid their responsibilities.

ACTIVITY 7

Add and, but, or or. Add commas if necessary.

E.	g. I washed my shirt, <u>but</u> it didn't get clean.
1.	Would you like some watersome fruit juice?
2.	I bought some paper, a greeting card some envelopes.
3.	The flight attendants served dinner I didn't eat.
4.	I was hungry didn't eat on the plane. The food didn't look appetizing.

5. I washed my face, brushed my teeth	combed my hair.
6. Golftennis are popular sports	S.
7. Sara is a good tennis player	she's never played golf.
8. Which would you prefer? Would you like to	o play tennisgolf Saturday
morning?	
9. Who called whom? Did Bob call you	did you call Bob?
o. 9. or, 9. or but, 8. or, 9. or	1. or, 2. and, 3. but, 4. but, 5. a
ACTIVITY 8	
Complete these paragraphs about <i>Thing</i> with: or, but, and. Use commas if necessary.	
Endocrine System	
The endocrine system influences almost ev	very cell. organ function of our
bodies. It is instrumental in regulating	-
metabolismsexual function, amo	
confusing timelearning about it	doesn't have to be.
2. Should I Gain Weight?	
People want to gain weight for all sorts of re	asons like playing their favorite sports
keeping up with friends who are filling	g out. So, what's the skinny on weight
gain?	
3. Figuring Out Fat and Calories	
From all you hear, you'd think fat and calorie	s are bad for you we all need
a certain amount of them in our diets.	
● ¬¬	l. and /and/bns/bns 2. and 3. but

Read the article 3 *Ways to increase positive emotions in teens,* and identify possibilities for you to have positive emotions every time you feel sad.

Listen to the podcast to follow the audio-information 3 *Ways to increase positive emotions in teens* on this link: https://goo.gl/rursVy. To get the podcast go to the Media Lab Self-Access Center.





3 Ways to increase positive emotions

Positive emotions don't just feel good — they're good for you. Research shows that people feel and do their best when they experience at least three times as many positive emotions as negative ones.

Ready to boost your positivity ratio?" Here are 3 ways to increase positive emotions in everyday life:

1. Track Your Positive Emotions

Name the positive emotions you're already familiar with, the ones you've experienced in your daily life. Make a list. Add new emotions as you notice them. Now look at your list. Think about (and write down) which activities, situations, or people are involved when you tend to feel each emotion.

You also can look over your list of emotions at the end of the day and write down when you felt different positive emotions. Did you feel proud after playing well on the soccer field? Happy when your friends remembered your birthday? Amused when your history teacher channeled his inner comedian during that day's lesson?

2. Increase a Specific Positive Emotion

Identify a positive emotion you want to increase. Let's say you want to feel more joy. Think of situations or activities you've experienced that made you aware of your joy. Focus on small, simple things, like a song that makes you feel joyful whenever you hear it. Any time you notice you're feeling joy, consider adding that situation or activity to your list.

After you know what prompts the emotion you want to increase, decide how to fit those activities or others like them into your everyday life. Pick things that are realistic enough to do every day. You may not be able to walk on the beach, but you could still feel joy by listening to a song that reminds you of vacation.

Commit to one or more daily actions that will increase the feeling you want more of in your life. Make time for these experiences. Think of them as the emotional equivalent of your "5 a day" fruits and vegetables — they're good for your emotional health!

3. Create a Positivity Treasure Chest

Sometimes we forget the way back to feeling positive. We might need a reminder that can lead us back to a happier emotional place. That's when a positivity box (or folder) is helpful.

A positivity box is a collection of reminders of positive experiences we've had. These reminders bring back the feelings associated with the good moments in our lives, our strengths, joys, and accomplishments, the fun we've had, the books or music that have meaning for us, the people who are important to us. It's a positivity "treasure chest."

Collect things that remind you of positive emotional moments in your life. For example:

- photos or other souvenirs of great times
- awards that remind you of an accomplishment
- cards or notes from special people in your life
- favorite inspirational quotes or song lyrics
- childhood mementos
- something you made or drew
- a gift someone gave you
- a photo of someone you look up to

Put everything in a folder, binder, or special box where you can easily find it. Or make a collage, poster, or mobile of the items. The most important thing is to choose only items that trigger a positive emotion for you. You can add, subtract, and rearrange them any time.

[Adapted from: https://goo.gl/rursVy]

After reading, complete the passage according to the information of the article. "Ready to boost your positivity ratio?" Here are 3 ways to increase positive emotions in everyday life:		
1. Identify and track your positive emotions:		
2. Focus on a specific positive er	notion and how you can increase it:	
3. Think of things you could you semotions:	save in a treasure chest (box) to boost your positive	
nple feel more joy. 3. We can feel	1. Name positive emotions that you experience in your daily 2. Identify a positive emotion you want to increase, for exantappy again with things that remind you of positive emotion cards, gifts, etc.	
List your positive emotions can/ may could involve when you	and write down activities, situations, or people you I feel such emotions.	
Positive emotions	Activities situations people	
E.g. <u>Hope</u>	I could study more to pass school subjects.	
1		
2		
3		
ould remember my last birthday 3.	ו אפרון במח play football with my triend well 2. Happy- ו כי ארום ו- א אפרו בי א אפרון היים ו היים ארו בי אר ארונפ ל – ו may watch a favorite film	

Self-evaluation

Ways to Deal with Anxiety

Everyone has feelings of anxiety, nervousness, tension, and stress from time to time. Here are 5 ways to help manage them:

- 1. Become a relaxation expert. We all think we know how to relax. But chilling out in front of the TV or computer isn't true relaxation. They may seem to relieve anxiety or stress, but it's a false state of relaxation that's only temporary. What the body really needs is daily practice of a relaxation technique like deep breathing, tai chi, or yoga— that has a physical effect on the mind.
- 2. Get enough sleep, nourishment, and exercise. Get the right amount of sleep for your needs. Choose fruit, vegetables, lean proteins, and whole grains for long-term energy. And exercise to send oxygen to every cell in the body so your brain and body can operate at their best.
- 3. Connect with others. Spend time with friends or family. Organized activities are great, but just hanging out works too.
- 4. Connect with nature. Heading out for a walk in the park or a hike in the woods can help anyone feel peaceful and grounded. Walking, hiking, trail biking, or snowshoeing offer the additional benefit of exercise. Invite a friend or two or a family member along and enjoy feeling connected to people as well.
- 5. Pay attention to the good things. A great way to keep our minds off the worry track is to focus our thoughts on things that are good, beautiful, and positive. Appreciate the small, everyday blessings. Allow yourself to dream, wish, and imagine the best that could happen.

[Retrieved from: https://goo.gl/aDgAWT]

Choose the correct option

- 1. What could people do to deal with anxiety?
- A) We may do exercise.
- B) We can sleep well.
- C) We may eat properly
- **D)** All answers are correct.

pea A) T B) F C) P	Outdoor activities in the park or in the woods could make people feel ceful and grounded. True Talse Partially true Not enough information			
A) B B) B C) B	Thy may watching TV be false relaxation? Because it can relieve stress and anxiety Because it may be a good technique Because it could provide a temporary state of relaxation None is correct			
A) FB) FC) V	 4. What can people do to get enough nourishment? A) People could choose to eat healthy food. B) People may consume a lot of protein. C) Whole-grain foods could give us a lot of energy D) A and B are correct 			
5. We pay appreciate good, beautiful and positive things. Are the modal verbs -should/ could/ can / may- correct to complete this sentence? A) True B) False C) Partially true D) Not enough information				
Con	nplete these sentences with the correct connector: but / and / or			
6. C	rganized activities are great, just hanging out works too.			
7. C	hoose fruit, vegetables, lean proteins, whole grains for long-term energy.			
	Heading out for a walk in the park a hike in the woods can help anyone eel peaceful and grounded.			
	nvite a friend two — a family member — along enjoy eeling connected to people as well.			

10. What sentence has the same meaning as this:

Heading out for a walk in the park or a hike in the woods can help anyone feel peaceful and grounded.

- A) Heading out for a walk in the park or a hike in the woods should help anyone feel peaceful and grounded
- **B)** Heading out for a walk in the park or a hike in the woods could help anyone feel peaceful and grounded
- C) Heading out for a walk in the park or a hike in the woods may help anyone feel peaceful and grounded
- **D)** All are correct except B

11. What does this sentence express?

The best could happen

- A) Suggestion
- **B)** Possibility
- C) Permission
- **D)** Ability

12. "Become a relaxation expert"

This sentence also means that:

- A) We can become a relaxation expert
- **B)** We should be a relaxation expert
- **C)** We could be a relaxation expert
- **D)** We may become a relaxation expert

Complete this sentence with the correct modal verb: should/shouldn't/ can

13.	How many languages you speak?
14.	I go out with my friends, Mom?
15.	Weworry. On the contrary, focus our thoughts on things that are good beautiful, and positive.

[&]quot;One language sets you in a corridor for life. Two languages open every door along the way." - Frank Smith.

NOTE-TAKING SECTION

UNIT 5

PAIN IS TEMPORARY. QUITTING LASTS FOREVER [EL DOLOR ES TEMPORAL. EL FRACASO ES ETERNO]

(LANCE ARMSTRONG)



Image 1. In this picture, Lance Armstrong is cycling during a race in 2009. Retrieved from http://achhikhabre.com/lance-armstrong-cyclist-inspiring-survival-story/

Introduction

In this unit, we will review two very important tenses the present and the past continuous also known as progressive to exchange information about actions with a limited duration of time. The present and the past continuous tenses are similar in form: they use the auxiliary verb **be** and the **-ing** form (present participle) of a main action verb.

During vacation



After vacation



Image 2

Image 3

Last Summer Solovino was having lots of fun. Nowadays, Solovino is studying hard.

Image 2. Pixabay. (2018). Recuperado de https://pixabay.com/en/dog-garden-terrier-fun-1310545/ e Image 3. Pixabay. (2018). Bus stop. [foto]. Recuperado de https://pixabay.com/en/dog-pet-dressed-point-papers-1773712/

It is the form of the auxiliary verb **be** that indicates the tense:

I **am** watching T.V. She **was** walking last night present continuous past continuous

5.1 The present continuous or progressive expresses temporary, nonpermanent situations not just around this time, but also in a close specific period: *this week/month*, or even longer, *this year*, etc.

What is important is that the action or situation is not expected to be permanent but temporary.

Example:

John **is driving** his father's car because his is in the workshop. My parents **aren't coming** this weekend, but they promise to visit me soon.



Watch the following video (https://goo.gl/KbgicU) to see what Mr. Bean is doing.

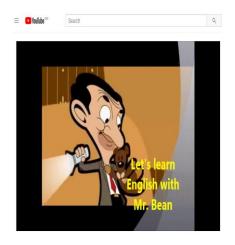




Image 4. Present Progressive with Mr. Bean. Youtube (2012). Recuperado de https://www.youtube.com/watch?v=nTeGorY3rg4

Then watch this other video and answer the questions included in the online activity: https://goo.gl/YMXA7L



Present continuous

To form verb endings with -ing (present participle) for all continuous tenses, you should pay attention to these statements.

Present participle forms are created by adding **-ing** to the verb:

play
$$\rightarrow$$
 playing

But if the verb ends in silent **-e**, we first drop it and then add **-ing**:

Note: There are some exceptions for silent **-e**:

If the verb ends in -ie, we replace it with -y:

If in the three final letters of a verb there is a vowel between two consonants (CVC) and it is the stressed syllable, then we duplicate the last consonant:

$$rob \rightarrow robbing$$

$$stop \rightarrow stopping$$

But if the final syllable is not stressed, we only add -→ing

Verbs ending in -y, -w, and -x only add -ing:

$$fix \rightarrow fixing$$



Now try to write the **-ing** form of these verbs:

go	type
escape	understand
tie	bring
cry	hear
plan	be



going, typing, escaping, understanding, tying, bringing, crying, hearing, planning



ACTIVITY 3

Find and highlight the present participle in the following reading. Sarah Miller is in New York. She is writing a letter to her best friend.

Dear Sophia,

How are you? How is London? I am having a very good time in New York.

It's Sunday and it's sunny and warm. Now it's ten in the morning and we are in Central Park. I am sitting under a tree, I am listening to my radio... and I am writing to you, of course.

My Canadian cousin Rosemary is here with us, she is reading a comic. She's very pretty. She's tall and slim and she has got long wavy brown hair. Her parents are in Toronto.

My father is reading The New York Times, an American newspaper. My mother is playing with my little brother Jimmy on the grass and they are eating popcorn.

There are many people in the park. Some men are jogging, two girls are walking their dogs, and an old man is skating! And he can do that quiet well.

We often come to this fantastic park, in this wonderful city because we are relaxing here. But sometimes we visit other interesting places: museums, shops, galleries, etc...

New York is great! There are many fantastic skyscrapers, great shops and there are people everywhere!

Love, Sara

Answer the following questions:

1. Where is Sophia?

2. What is Sara's father doing?

3. Who is Jimmy?

4. What are some people in the park doing?

5. What is Sara doing?

1. She is in New York City. 2. He is reading an American Newspaper.3. Jimmy is Sophia's little brother. 4. Some men are jogging, two girls are walking their dogs, and an old man is skating. 5. She is sitting under a tree, listening to her radio and writing to her triend.

5.2 Past Continuous

Present and past progressive

When we talk about actions that are still in progress, we use the present progressive also known as **present continuous**:

I	am	learning	English.
subject +	verb be in present +	Present participle +	complement

If the action we are talking about happened in the past, then we use the **past progressive**, which is formed in the same way we created the present progressive, but the verb **be** is used in past:

1	was	studying	for my exam.
subject +	verb be in past +	present participle +	complement

What are these people doing now?



Image 4. Pexels (2018) Recuperado de https://www.pexels.com/photo/people-brasil-guys-avpaulista-109919/ Image 6. (2018) Recuperado de https://www.pexels.com/photo/man-dunking-the-ball-163452/ Image 7. (Pexels (2018) Recuperado de https://www.pexels.com/photo/action-adult-blur-bokeh-374912/ Image 8. Pexels (2018) Recuperado de https://www.pexels.com/photo/adult-agreement-beard-beverage-541523/ Image 9. Pexels (2018) Recuperado de https://www.pexels.com/photo/people-running-during-daytime-33703/

women are running.

The man is surfing. 2. Some people are crossing the Street. 3. The boy is playing basketball. 4. The guy is listening to some music. 5. They are shaking hands. 6. The

What were these people doing yesterday?



Image 10



Image 12



Image 14



Image 11



Image 13



Image 15

Image 10. Pexels (2018) Retrieved from https://www.pexels.com/photo/action-active-athletes-ball-264312/ Image 11. Pexels (2018) Retrieved from https://www.pexels.com/photo/action-exercise-fun-goggles-260598/ Image 12. Pexels (2018) Retrieved https://www.pexels.com/photo/action-adult-blur-commuter-360535/ Image 13. Pexels (2018) Retrieved from Pexels https://www.pexels.com/photo/writing-notes-idea-class-7103/ Image (2018)14. Retrieved from https://www.pexels.com/photo/silhouette-of-man-247899/ Image Pexels (2018)Retrieved from https://www.pexels.com/photo/gray-scale-photo-of-crying-topless-boy-679438/

1. They were playing soccer. 2. He was swimming. 3. He was waiting for the train. 4. The man was writing a note. 5. The student is reading a book. 6. The little boy is crying.

5.3 Time adverbial clauses with before, after, when & while

Read the following examples:

My mother was cooking dinner.

Cynthia and her friend were watching TV.

We can talk about two actions happening at the same time by joining them with the word **while**:

My mother was cooking dinner while Cynthia and her friend were watching TV. Cynthia and her friend were watching TV while my mother was cooking dinner.

Sometimes something happened in the middle of the activity. In that case, we can use the word **when** to join the two sentences:

I hurt my leg when I was playing football.

My teacher was calling the roll when Ruben arrived.

I was taking my driving test last weekend.

My mother **called** me by telephone and got distracted.

Before my mother **called** me on the phone and got me distracted, I **was taking** my driving test.

The teacher **said** the school year **was** over.

All my classmates were jumping out and throwing away their notebooks.

After the teacher **said** the school year **was** over, all my classmates **were jumping** out and **throwing** their notebooks **away**.

So, the notion we should get from these examples can be structured as follows:

Before		
After + subject + past simple + c When	,	subject + aux-verb BE + present + c. participle
While + s + aux-verb + present + c BE participle	,	subject + aux-verb BE + present + c. participle

In either case, the time adverbial clauses can be exchangeable and used as connectors instead where no comma is needed.



Think about these three questions, write down your answers, and share them with a partner. You may want to have them checked by an assessor from your local Media Lab Self-Access Center.

What were you doing yesterday while your parents were having breakfast? Do you remember?

Do you know what your friends were doing last Sunday? You can ask them to find out.

Do you remember what you were doing on September 19th, 2017?

Sometimes we talk about events that happened in a specific order. In this case, we can also use when:

The exam started **when** our teacher told us to open the booklet.

When the teacher told us to open the booklet, the exam started.

Say, what happened **when** you met your teacher for the first time?



You can also find more exercises online at these websites:

- https://goo.gl/xywzNs
- https://goo.gl/tdrFmb
- https://goo.gl/aGrMtD
- https://goo.gl/zPdsKo
- https://goo.gl/cg6HuC
- https://goo.gl/pAhfE6

- https://goo.gl/XnLzG4
- https://goo.gl/L8vsnz
- https://goo.gl/byrMXS
- https://goo.gl/sWnZ6s
- https://goo.gl/wDvZwx
- https://goo.gl/SZxuNZ

5.3. Literary texts

A piece of written material -a book or a poem- with the purpose of narrating a story or entertaining an audience, as in a fictional novel. The primary function of a literary text is mainly aesthetic, but it may also include either political messages or beliefs.



Read the following passage, taken from Mark Twain's Tom Sawyer, and write a little summary. You can read out loud your summary and record yourself.

Saturday morning came. All the summer world was bright and fresh and full of life. Tom appeared in front of the house with paint and a big brush. He looked at the fence, and all joy left him. A deep sadness settled upon his heart. The fence was long and high. He wet the brush and moved it along the top board. He did it again, and did it again. He looked at what he had done. The painted part was very, very small. The whole fence was very large. He sat down. He felt that he could not continue. Jim, a boy who worked for the family, came through the gate. He was going to get water, and he was singing happily.



Image 16. Wikimedia Commons (2018) Recuperado de https://commons.wikimedia.org/wiki/File:Adventures_of_Tom_Sawyer-pg040.png

Tom said, "Jim, I will get the water, if you will paint."

Jim said, "No. I must get the water."

"Are you afraid of Aunt Polly? She won't hurt you. She talks about it, but talk never hurts. It never hurts except when she weeps, also. You should not be afraid of her. Jim, I will give you one of my playthings. And I will show you my foot. I will show you where I hurt it."

Jim was only human. He took the plaything and he put his head down to look at the foot.

In another moment, he was running down the street. Tom was painting as fast as possible. And Aunt Polly was returning to the house. But Tom began to think of the pleasure planned for this day. His hands moved more slowly. Soon the other boys would come and laugh at him for working. From his pocket, he took everything that he owned. He looked at it. There was nothing of real value. It was not enough to buy another boy's help.

At this dark moment, a wonderful idea came to him. It was like a great, bright light. He took his brush and went quietly to work.

Ben Rogers appeared soon. Tom had been especially afraid of Ben's laugh.

Ben was eating an apple. Also, as he walked, he was making noises like those of a big riverboat. He would shout loudly. Then he would say, "Ding-dong-dong," like a bell. Then he would shout again, and say, "Ding-dong-dong," again, and make other strange noises. He was the boat, and he was the captain of the boat, and the boat bell.

(source: https://www.gutenberg.org/files/74/74-h/74-h.htm)

Remember you can go to your Media Lab Center to get some feedback by any English assessor. Ask any questions you may have regarding this task. Do not forget to check all the literary text books either in printed or digital

Self-evaluation.

Select the option that best completes each statement.

1. I was studying all night for the history test.

- A) Past progressive
- **B)** Present progressive
- C) Present simple
- D) Past Simple

2. The doctor is examining the patient.

- A) Past progressive
- B) Present progressive
- C) Present simple
- D) Past Simple

3. I am having a great vacation here in Hawaii.

- A) Past progressive
- B) Present progressive
- C) Present simple
- D) Past Simple

4. My sister is watching TV right now.

- A) Past progressive
- B) Present progressive
- C) Present simple
- D) Past Simple

5. Sorry, I am working till 5 p.m.

- A) Past progressive
- B) Present progressive
- C) Present simple
- D) Past Simple

6. By midnight, we were still driving through the desert.

- A) Past progressive
- B) Present progressive
- C) Present simple
- **D)** Past Simple

7. He was constantly talking.

- A) Past progressive
- **B)** Present progressive
- C) Present simple
- D) Past Simple

8. Yes, we are eating dinner.

- A) Past progressive
- **B)** Present progressive
- C) Present simple
- D) Past Simple

9. The students are reading their books.

- A) Past progressive
- B) Present progressive
- C) Present simple
- D) Past Simple

10. He is doing homework.

- A) Past progressive
- **B)** Present progressive
- C) Present simple
- **D)** Past Simple

11. Are you reading that book?

- A) Past progressive
- **B)** Present progressive
- **C)** Present simple
- D) Past Simple

12. Were you waiting for her when the plane arrived?

- A) Past progressive
- B) Present progressive
- C) Present simple
- D) Past Simple

13. Were you listening to me?

- A) Past progressive
- **B)** Present progressive
- C) Present simple
- D) Past Simple

14. Are you still walking home after school?

- A) Past progressive
- **B)** Present progressive
- **C)** Present simple
- D) Past Simple

15. What are you doing?

- A) Past progressive
- **B)** Present progressive
- C) Present simple
- **D)** Past Simple

[&]quot;Learning a language makes a person more open-minded and tolerant of other cultures." – Mia Nacamulli.

NOTE-TAKING SECTION

UNIT 6

IT IS ALWAYS WISE TO LOOK AHEAD, BUT DIFFICULT TO LOOK FURTHER THAN YOU CAN SEE

[ES SABIO PLANEAR EL FUTURO, PERO DIFÍCIL VER MÁS ALLÁ DE NUESTRA PROPIA MIRADA]

(WINSTON CHURCHILL)



Image 1. Pixabay (2018). Éxito. Recuperado de https://pixabay.com/es/empresario-flecha-beneficio-lugar-3189814/

Winston Churchill was a politician and wartime prime minister who led Britain to victory during World War II.

Introduction

In Unit 1 you focused your attention on the present time, then, in Unit 2 you worked with the past time. Now it is the moment to pay attention to the Future time.

Differently from the present and the past events, a future event is impossible to describe.

You can describe present activities because they are there at sight, you can also describe past events because there are documents and evidence that keep a historical record. But, when working with the future, you can, among other functions of language; predict, promise or plan.

In this lesson you will work with predictions, promises and spontaneous decisions as well as with the characteristics of scientific texts and cause-effect relations within a text.

Notion: Future time

Watch

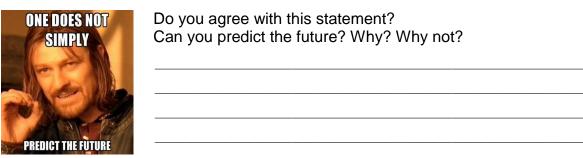


Image 2. One does not simply predict the future Recuperado de: http://cf.chucklesnetwork.com/items/5/8/1/3/3/original/one-does-not-simply-predict-the-future.jpg

I DROMICE I WILL TEVT VOIL

	ILLIAMISE MITT LEVI 100º
Do you know this character?	
What's is it like?	0)
	OH LOOK A SQUIRREL!!

Image 3.I promise I will text you oh look a squirrel. Recuperado de: https://memegenerator.net/img/instances/500x/58157930/i-promise-i-will-text-you-oh-look-a-squirrel.jpg

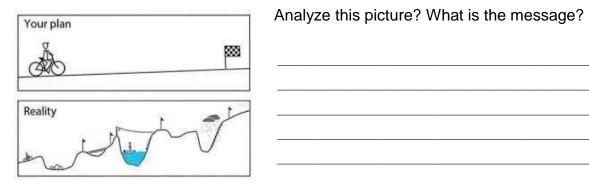
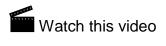


Image 4. Plan reality. Retomado de: https://www.google.com.mx/search?q=plan+reality&client=firefox-b-ab&dcr=0&tbm=isch&tbo=u&source=univ&sa=X&ved=0ahUKEwjS_5OZ4NbZAhUxVd8KHXtkAXcQsAQIJg&biw=1600&bih=763#imgrc=kOAPJ1azc3-7CM:

When we talk about the future, it is not possible to be **describe** events, but we express our plans and make predictions, promises or decisions.

ACTIVITY 1





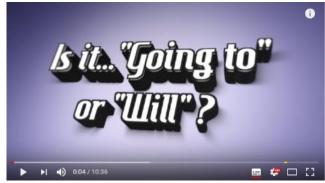


Image 5. Is it "going to" or will"? Recuperado de: https://www.youtube.com/watch?v=begKNGxcjdk&feature=youtu.be



Tick (\checkmark) the correct structure according to the information from the video

		going to	will
1	Plans made in the past with effect in the future		
2	Predictions based on evidence		
3	Future action decided at the moment		
4	Promises		
5	Predictions NOT based on evidence		



6. 1 Idiomatic future.

We use am/is/are + going to + verb:

To talk about **plans** and **intentions** previously thought:

I'm going to drive to work today.

They are going to move to Manchester.

When we make predictions based on an evident fact:

Look at those black clouds! I think it's going to rain.



		AFFIRMA	TIVE	
I	am		base form of a	complement.
He, She, It	is	going to	verb	
We, You, They	are			

			NEGATIV	E	
I	am			base form of	complement.
He, She, It	is	not	going to	a verb	·
We, You, They	are				

	INTERROGATIVE				
Am	I		base form of	complement	?
ls	he, she, it	going to	a verb		
Are	we, you, they				

ACTIVITY 2



To check the structure and use of going to visit this site





Image 6. Exercise on Future 1 Simple (going to) Recuperado de: https://www.ego4u.com/en/cram-up/grammar/future-1-going-to/exercises

ACTIVITY 3

Match the pictures with people's plans after college.



- a) My son is going to study a master degree.
- b) We're going to get married.
- c) I'm going to travel all over the world.
- d) I'm going to get a good job.



Read and complete the predictions.	
1. He didn't study. He (pass) the exam.	
2. Our team has the best record this season. We	_ (be) the champions.
3. Her car is in the garage. She (take) the train.	
4. The traffic is terrible! I (be) late for class.	
5. Greenhouse effect is severe. Pollution (rise).	

1. isn't going to pass 2. are going to be 3. is going to take 4. 'm going to be 5. Is going to rise

6.2 Simple future

We use will when we make predictions

It will be a nice day tomorrow.

I think **Brazil will win** the World Cup.

I'm sure you will enjoy the film.

Also, when we mean <u>want to</u> or <u>need to</u>; that is, to express intention I will study Biology because I love nature and science.

When we make offers and promises

I'll see you tomorrow.

We'll send you an email.

STRUCTURE

	AFFIRM	MATIVE	
I You He She It We They	will	simple form of verb	COMPLEMENT

	NEC	GATIVE	
I You He She It We They	will + NOT WON'T	simple form of verb	COMPLEMENT

	IN	TERROGATIVE		
Will	I you he she it we they	simple form of verb	COMPLEMENT	?

ACTIVITY 4

At this site there is an exercise about the structure and use of will. Check it out.





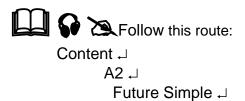
Image 7. Future Simple 1 will. Recuperado de: https://www.ego4u.com/en/cram-up/grammar/future-1-will

At this site, you can check the lesson on future simple (will), follow this route:





Image 8. CUAED UNAM. Recuperado de: http://www.cuaed.unam.mx/english_media/



To get feedback on your speaking exercise, go to your Media Lab Self-Access Center.

ACTIVITY 5

Complete the sentences using future and the appropriate verb from the box

marry phone do get be	
1 you me tonight?	
2. I think the exam difficult.	
3. The bus on time. There's no traffic.	
4. I love you, you me?	1
5. Oh no! I forgot the homework! I it before class.	

1. Will... call 2. will be 3 will get 4. will...marry 5. will do

ACTIVITY 6

Match a situation from speaker A with an appropriate offer from speaker B

1. It's so cold!

a) I'll make you a sandwich.

2. I'm really hungry.

- b) Don't worry. I'll explain you.
- 3. These bags are quite heavy.
- c) I'll close the window.
- 4. I can't understand this!
- d) I'll get it.

5. The bell is ringing.

e) I'll carry them.



1. c) 2 a) 3. e) 4. b) 5. d)

For further practice, join the conversational clubs and workshops offered by the Media Lab Self-Access Center.

6.3 First conditional: If...will/going to...

If we talk about a present condition with a result in the **future**, we use **will** or **going** to. This structure is called **first conditional**

We won't be able to go out if it rains.

If Barcelona wins tomorrow, they will be champions.

We aren't **going to** pass English IV **if** we **don't study** hard.

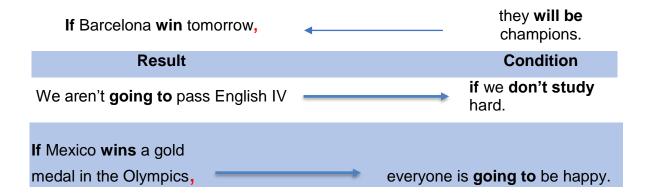
If Mexico wins a gold medal in the Olympics, everyone is going to be happy.

There are two parts (**clauses**) in the sentence.

The conditional clause takes the present form and includes the word if.

The result clause includes will/going to

Result		Condition
We won't be able to go out	-	if it rains.
Condition		Result



ACTIVITY 7



Complete the following online activity.





Image 9. First Conditional. Recuperado de: https://elt.oup.com/student/headway/preint4/grammar/unit12/hwy_preint_unit12_1?cc=us&selLanguage=en

Complete these consequences with will the verbs in parentheses.

1.	If we don't save enough money, we (travel) next year.
2.	We (gain) weight if we don't slow down sugar consume.
3.	If people do research on candidates, they (make)
	better decisions.
4.	If deforestation continues, there (be) alterations in climate.
5.	According to some people, you (become) healthier if you stop
	eating meat.

1. won't travel 2. will gain 3. will make 4. will be 5. will become

6.4 Scientific texts



Here you can read what a scientist predicts about the future of science.





Image 10. Speculations on the future of science. Recuperado de: https://www.edge.org/conversation/kevin_kelly-speculations-on-the-future-of-science

Critical thinking: What is the most interesting prediction for you?
Complete the sentences according to the text will continue to surprise us with what it discovers and creates
Algorithmic discovery of patterns
will often be the first word on a new area.
Zillionics – Ubiquitous always- on sensors in bodies and environment

1. Science 2. will become necessary and common 3. Wiki-science 4. will transform medical, environmental, and space sciences.

g	
E.a.	Scientists will discover a vaccine for diabetes.
<u>@</u>	Do some research and write YOUR predictions for the future of science.

Wisit the Media Lab Center to have your work corrected.

6.5 Cause-effect relationship

Cause-effect relationship gives reasons and explanations for events, conditions, or behavior.

Analyze these situations:

- (1) In most countries, people vote to elect a president. (Cause)
 However, a president won't be elected if people don't vote for him or her.
 (Effect)
- (2) Earthquakes and tsunamis happen all over the world. (Cause)

 If there is an earthquake or a tsunami, alarms will alert people (Effect)
- (3) Some British don't want to be part of the European Union anymore. (Cause)

 England is **going to** leave the Brexit **if** they there **is** no agreement. (**Effect**)

In all cases, it is possible to establish a **cause-effect relationship** by using **will** or **going to.**

Can you think of any other situations where a cause-effect relationship takes place? Go to the Media Lab Center for extra assessment on this subject.

Self-evaluation

Choose the option that best completes each statement.

	I don't have any money ye	ou	me some?		
•	Will to lend				
-	Going to lend				
-	Are going				
D)	Will lend				
2.	If it rains, I home.				
	'll stay				
B)	stay				
C)	will to stay				
D)	Will				
_		_			
	A: I don't have a nanny and I have	e an imp	ortant meeting.		
	B: I babysit.				
•	will				
-	am going to				
•	going to				
D)	will to				
4.	A: Would you like some soda?				
	B: No, thanks. I have som	e tea.			
	am going to				
B)	going to				
C)	will				
D)	will to				
_	5. I to the movies. I bought the tickets online.				
	•	ile lickets	omme.		
-	am going to				
•	will				
•	going to				
U)	am going				

A)	A: If you have problems with your car, I a ride. B: Thanks, you saved me! will give
C)	am going to give won't give give
A) B) C)	With this beautiful weather, the plane on time! will be won't be isn't going to be is going to be
A) B) C)	are going will fly are going to fly
A) B) C)	I booked the hotel online. We a lot of money. 're going to save going to save will save won't save
A) B) C)	. If geneticists continue working at this pace, they the cure for cancer. going to create are going to create will create
A) B) C)	. Considering the amount of traffic these days, I a bicycle. will buy buy 'm going to buy going to buy

12	. Tomorrow is my birthday. I 21!			
	will turn			
B)	turn			
C)	am going to turn			
D)	going to turn			
13.	. We'll run out of water if we of it.			
A)	won't take care			
B)	take care			
C)	will take care			
D)	don't take care			
14.	. I to Paris tomorrow. Here's my ticket!			
۸۱	111 (1			
Α)	will fly			
•	am going to fly			
•	am going to fly			
B) C)	am going to fly			
B) C) D)	am going to fly fly			
B) C) D)	am going to fly fly going to fly			
B) C) D)	am going to fly fly going to fly A: My tire is flat.			
B) C) D) 15.	am going to fly fly going to fly A: My tire is flat. B: No problem. I it.			
B) C) D) 15.	am going to fly fly going to fly A: My tire is flat. B: No problem. I it. 'll fix 'm going to fix			

[&]quot;Learning another language is like becoming another person."- Haruki Murakami

GLOSSARY

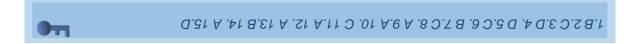
\Rightarrow	Bullet point	It introduces a new content
G	Listening	It invites students to work out an online listening activity or exercise.
•	Speaking	It promotes discussion among students about different subject matters.
	Reading	It provides a reading activity or exercise to perform individually.
A	Writing	It indicates a writing activity or exercise to develop individually or with the help of an assessor.
@	Internet search	It makes students search for specific information in the web.
	Video	It provides students with some video activities to reinforce both language and culture.
M	Media Lab Self- Access Center	It encourages students to attend their local Media Lab Self-Access Center for assessment.
V	Self-evaluation	It offers students the possibility to evaluate their own knowledge on the language acquired throughout this study workbook guide.

SELF-EVALUATION ANSWER KEY

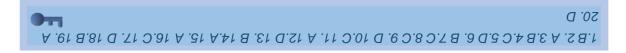
UNIT 1



UNIT 2



UNIT 3



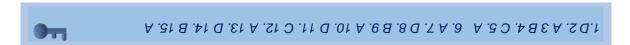
UNIT 4



UNIT 5



UNIT 6



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UNIT 6 "It is always wise to look ahead, but difficult to look further than you can see." (Winston Churchill)

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Image 4

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Image 5

Is it "going to" or will"? Recuperado de: https://www.youtube.com/watch?v=begKNGxcjdk&feature=youtu.be

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